



Exclusively at ECI: Specialized Skills Training(SST)

SST Supports Your Child

SST helps build skills in:

- Communication
- Social interaction
- Behavior
- Daily activities

SST is Different

SST focuses on:

- Teaching strategies that fit your routines
- Using familiar environments for learning
- Building skills through play and daily moments
- Supporting the whole family

Home Visits

Your provider will:

- Listen to your concerns and priorities
- Observe your child during daily activities
- Share simple strategies you can use right away
- Practice with you and adjust as needed

Family Involvement

With SST:

- Learning happens throughout the day
- Skills improve with consistent practice
- You gain confidence supporting your child

SST vs. Traditional Therapy

While other therapies focus on specific skills, SST:

- Connects all areas of development
- Emphasizes real-life routines
- Supports everyday problem-solving and behavior

Benefits of SST

Families often experience:

- Improved communication
- Easier daily routines
- Fewer challenging behaviors
- Greater confidence as caregivers

What is SST?

Specialized Skills Training (SST) coaches caregivers so learning happens throughout the day—in real-life settings like home, daycare, and the community.

Our Goal

To empower families so children can learn, grow, and succeed in the places they live, learn, and play.

Have Questions?

Our ECI team is here to help. Ask how SST can be tailored to your child and family.

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