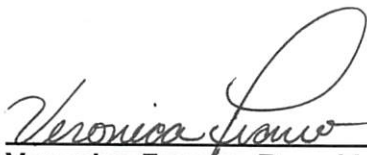


Program Committee Meeting
May 20, 2025
10:00 am

- I. DECLARATION OF QUORUM**
- II. PUBLIC COMMENTS**
- III. APPROVAL OF MINUTES**
 - A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, April 15, 2025
(EXHIBIT P-1)
- IV. REVIEW AND COMMENT**
 - A. Texans Recovering Together
(EXHIBIT P-2 Jennifer Battle)
 - B. Inclusive Community Engagement Initiative
(EXHIBIT P-3 Charles Kerlegon)
 - C. Suicide Postvention Toolkit and Intern Award
(EXHIBIT P-4 Jennifer Battle)
- V. EXECUTIVE SESSION –**

* As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.
- VI. RECONVENE INTO OPEN SESSION**
- VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION**
- VIII. ADJOURN**



Veronica Franco, Board Liaison
Max A. Miller, Jr, MTh, D.D. Chairman
Program Committee
The Harris Center for Mental Health and IDD
Board of Trustees



EXHIBIT P-1

BOARD OF TRUSTEES
The HARRIS CENTER for
Mental Health and IDD
PROGRAM COMMITTEE MEETING
TUESDAY, APRIL 15, 2025
MINUTES

Dr. M. Miller, Jr., Committee Chair, called the meeting to order at 10:23 a.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Dr. M. Miller, Jr., Dr. J. Lankford, R. Thomas -videoconference

Committee Member in Absence: Dr. L. Fernandez, Dr. K. Bacon

Other Board Members in Attendance: Dr. R. Gearing, Ms. N. Hurtado

1. CALL TO ORDER

The meeting was called to order at 10:23 a.m.

2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS

No Board members required designation.

3. DECLARATION OF QUORUM

Dr. Miller, Jr. declared a quorum of the committee was present.

4. PUBLIC COMMENTS

There were no Public Comments.

5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, March 18, 2025

MOTION BY: GEARING SECOND BY: HURTADO

With unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, March 18, 2025 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

A. PATH Program Presentation-Omar Sesay, Dr. Smalls-Brays presented the PATH Program Presentation to the Program Committee.

B. Foundation Strategic Plan Overview-Stephanie Cunningham, Bob Eury, Dr. Patricia Bray presented the Foundation Strategic Plan Overview to the Program Committee.

7. EXECUTIVE SESSION

No Executive Session was needed.

8. RECONVENE INTO OPEN SESSION

9. ADJOURN

There being no further business, the meeting adjourned at 11:15 am.

MOTION BY: MILLER, JR. SECOND BY: GEARING

Veronica Franco, Board Liaison
Max A. Miller, Jr. Mth, D.D., Chairman
Program Committee
THE HARRIS CENTER *for* Mental Health *and* IDD
Board of Trustees

EXHIBIT P-2

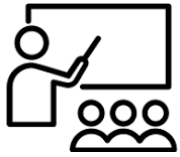
Community Access and Engagement Division Updates:

Texans Recovering Together: Disaster Behavioral Health Crisis Counseling Program

Jennifer Battle, VP Community Access and Engagement
Ilesha Anderson, CCP Program Manager



Community Access and Engagement Scope



Trainings available to the community on MH, IDD and Suicide Care.



Community Outreach and Engagement presence to spread the work about MH, IDD, Suicide Care and The Harris Center overall.



Disaster Response and Resiliency supports to help communities process the Derecho and Beryl.



Access available 24/7/365 for Crisis Line Responders and Access Line Specialists via phone and chat.

FY24

358,784 people served

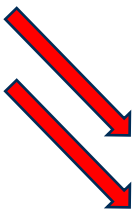
Crisis Counseling Program: Texans Recovering Together



Program Goal:
Empower Harris County disaster survivors to take charge of their recovery process.

- Scope of Work:**
- Crisis Counseling
 - Education and Awareness
 - Counseling Groups
 - Skill Building
 - Providing Resources

Name	Year
Tropical Storm Allison	2001
Hurricane Claudette	2003
Hurricane Katrina	2005
Hurricane Rita	2005
Hurricane Ike	2008
Severe Storms	2015
Severe Storms	2015
Severe Storms	2016
Hurricane Harvey	2017
Tropical Storm Imelda	2019
Covid-19	2020
Severe Storms	2024
Hurricane Beryl	2024

Two red arrows pointing diagonally upwards from the bottom left towards the 'Severe Storms' and 'Hurricane Beryl' rows of the table.

Funding Mechanisms



The CCP (Crisis Counseling Assistance and Training Program) is a FEMA-funded program that provides financial assistance to states, U.S. territories, and federally recognized tribes to support mental health services and training for individuals affected by presidentially declared disasters. CCP grants are awarded after a major disaster declaration, and they can be used to provide counseling services directly or through contracts with local mental health providers. The program is managed by FEMA in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA). The Texas Health and Human Services Commission (HHSC) administers the [Crisis Counseling Assistance and Training Program \(CCP\)](#) in Texas

Program Scope – Disaster Recovery



LEVELS OF STRESS ISP/RSP



Disaster Recovery Centers – ISP

During the ISP4798, there was a high level of stress experienced in the community as everyone worked together to open centers after they were closed for May storm. Stress was reduced as Beryl had a template to follow for seamless deployment.



Midpoint Stress –RSP

Stress levels fluctuate. Survivors report bracing themselves for another impactful storm. This anticipation of more damage has been a barrier to recovery. Offering emotional support and strategic measure of empowerment; listening to learn what has worked for them in the past has been the small capture that is built upon.



Anniversary – RSP

Remembering what Harris County has been through invokes feelings of resilience and grief. Each survivor experienced something different during Hurricane Beryl. Stress during this time can present high level and the CCP Beryl Team have their ears to the street, along with the data, to ensure survivors who are impacted have access to services.

ISP is a FEMA acronym for **Immediate Services Program** – these are funds for phase one of disaster recovery, for use for the first 60 days of services.

RSP is a FEMA acronym for **Regular Services Program** – these are funds for phase two of disaster recovery, for use for the next 9 months of services.



Funding, Staffing and Persons Served

- **Severe Storm (Derecho)**

- \$1,619,439

- FTES: 31.25

- Start Date: May 17, 2024

- End Date: July 31, 2025

- **Persons Served: 133,922**

- **Hurricane Beryl**

- \$1,525,200

- FTES: 39.25

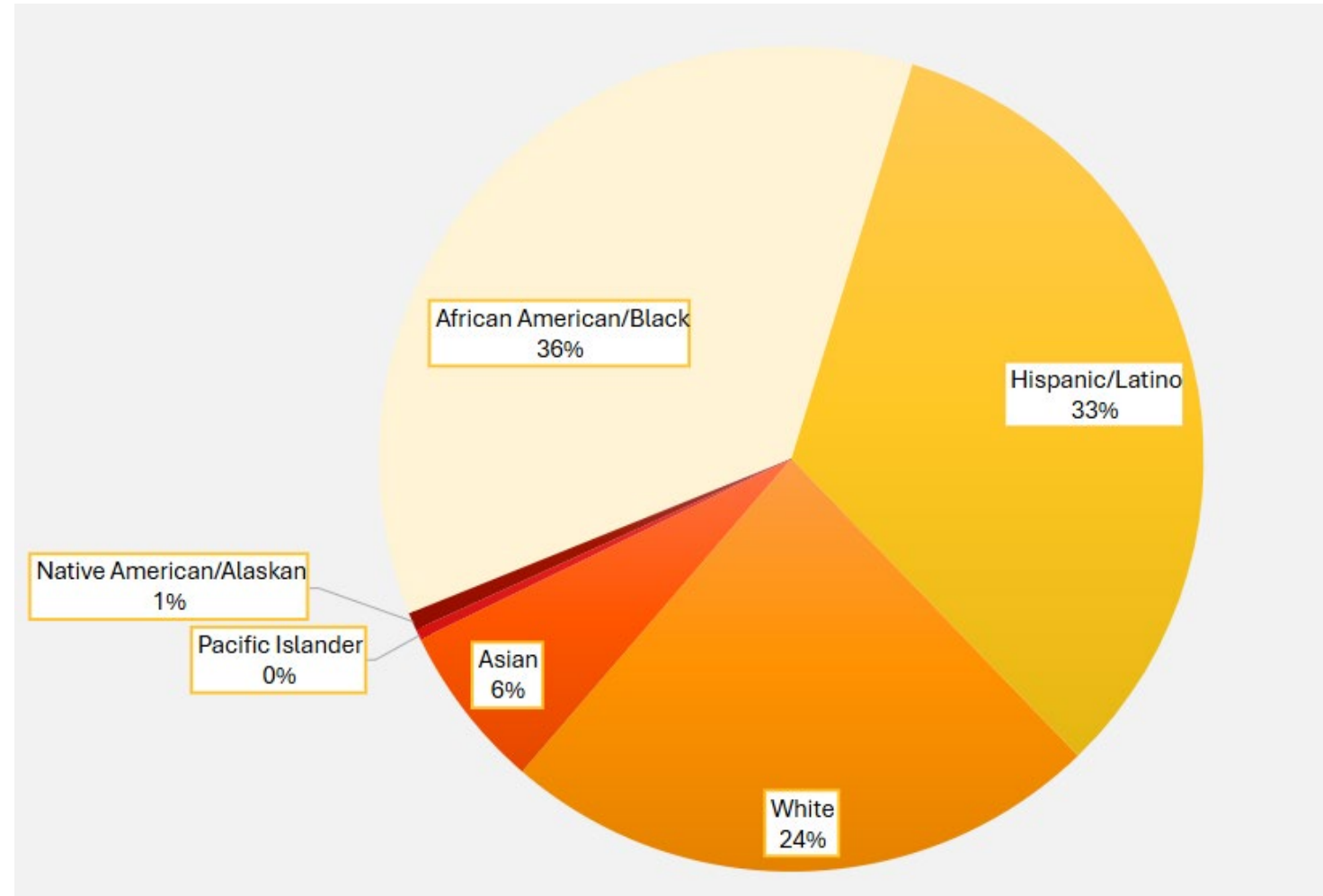
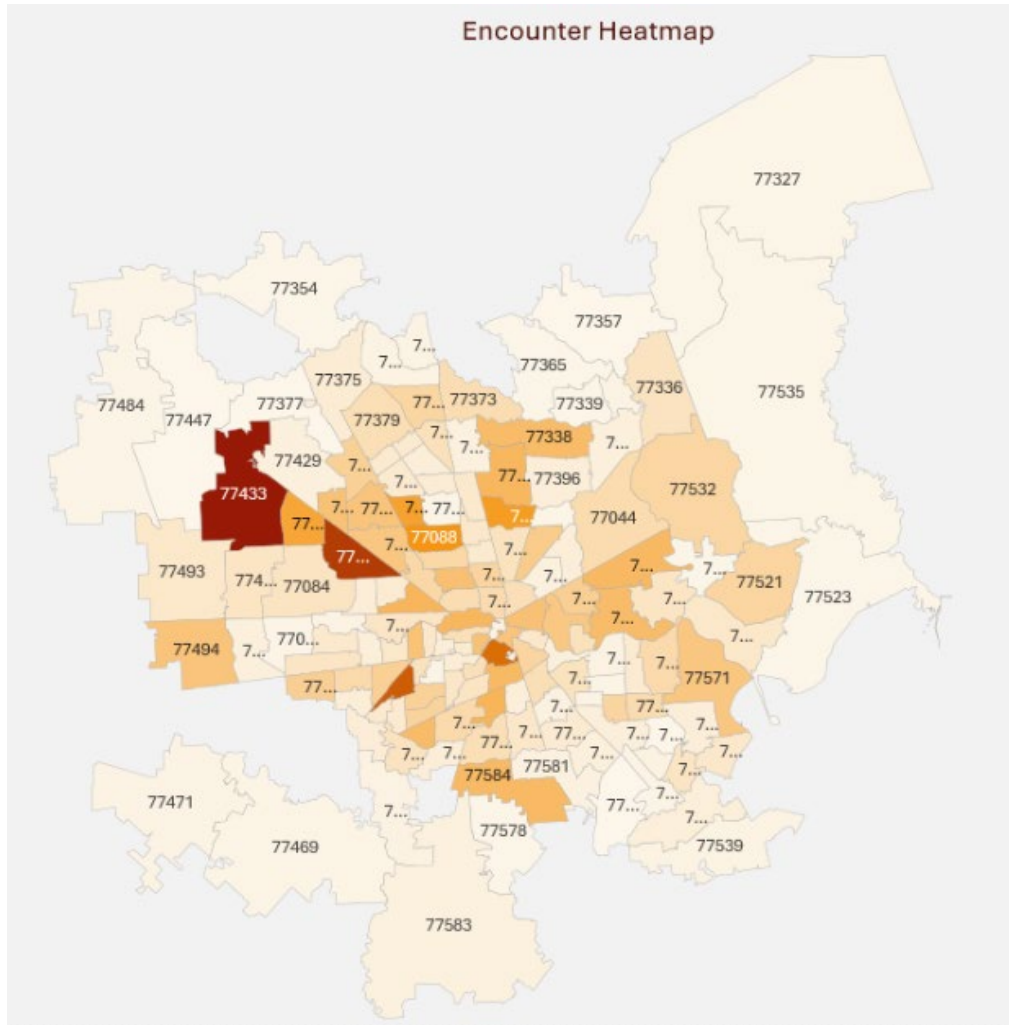
- Start Date: July 9, 2024

- End Date: July 31, 2025*

- **Persons Served: 138,586**



Community Impact



Innovations Recognized by HHSC

“HARRIS!!! I'm currently listening to the episode 4, and I'm finding this both entertaining and informative. Love what you guys are doing and what you're talking about, especially the environmental effects after a storm!”

So proud of you guys! Keep up the amazing work you are doing! This was a good listen for sure!”

ALSO:

- TRT materials in braille
- TRT partnership with TSA workers at Bush International Airport
- TRT staff recognition program “CCP Stars”



**Calm After the Storm Podcast Episode 1:
Meet the Team**



**Calm After the Storm Podcast Episode 2:
Tackling Grief After a Crisis**



EXHIBIT P-3



Inclusive Community Integration Initiative

Presented by: Charles Kerlegon, Director of IDD Services Division

Date: May 20, 2025

Agenda Overview

- Thank you and gratitude
- Health and Wellness overview
- The Initiative and Its Importance
- Three key initiatives

Presented by: Name, Professional Title
Date: XX, 20XX



The IDD division deeply appreciates The Harris Center Foundation's generous grant, which allows us to empower individuals through inclusive, skill-building programs that foster independence, health, and community connection.

Gratitude



Physical Training

Promotes **physical health**, confidence, and social inclusion through basketball, building life skills and community support



Culinary Training

Builds independence, opens employment opportunities, and improves nutrition and health while promoting social inclusion

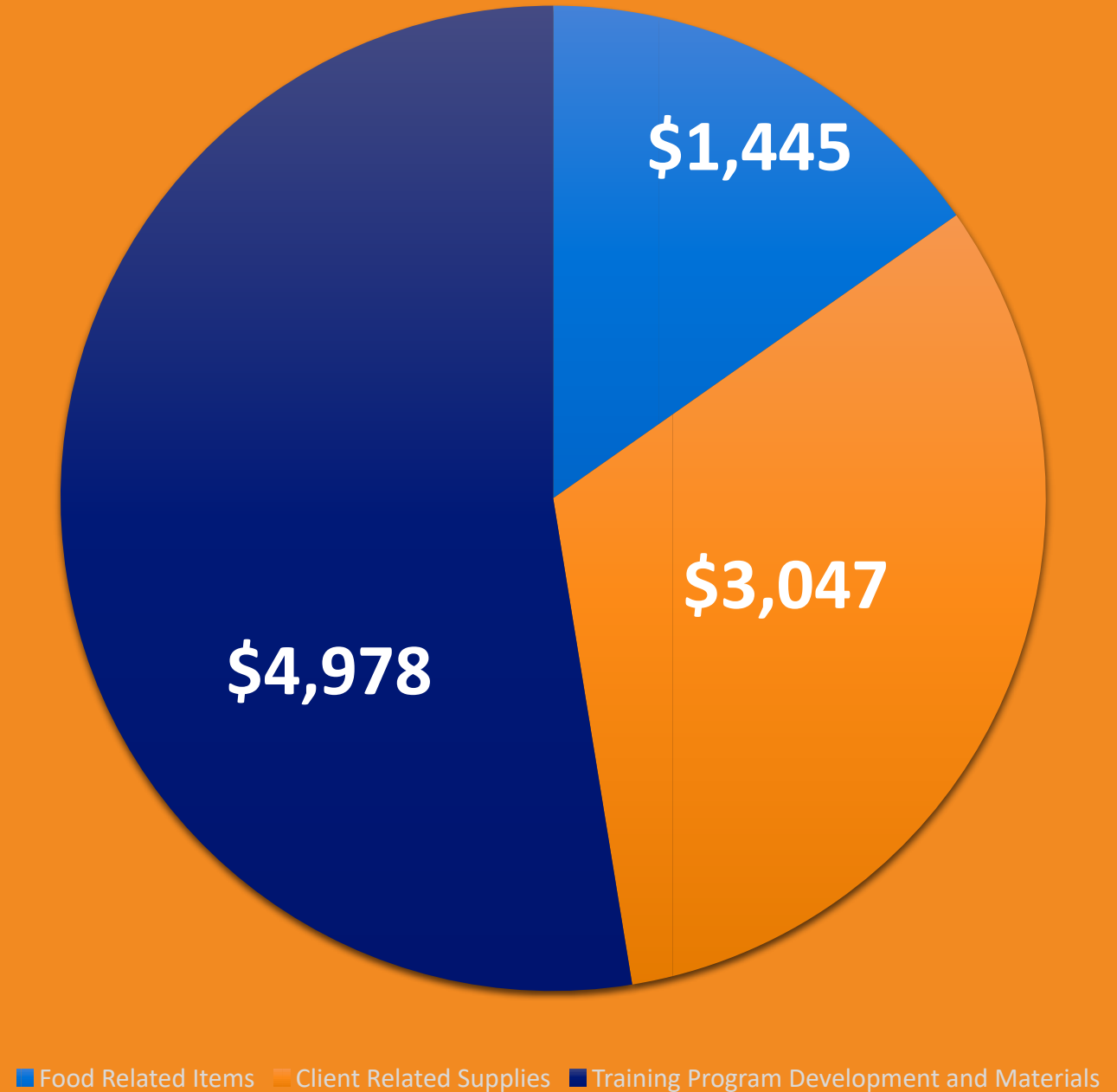


Community Engagement

Encourages leadership, advocacy, and relationship-building by connecting participants to resources and raising disability awareness



The IDD division deeply appreciates The Harris Center Foundation's generous grant, which allows us to empower individuals through inclusive, skill-building programs that foster independence, health, and community connection.



"Moving Toward Health and Well-being for our IDD population"

- Adults with intellectual and developmental disabilities (IDD) face unique health challenges and are at a greater risk for avoidable and chronic conditions like obesity (Caudill et al., 2023).
- They also tend to experience higher levels of poverty and health disparities, which can impact their overall well-being, including food security (Caudill et al., 2023).
- Their quality of life is often affected by inactivity and low physical activity levels. Regular exercise can help prevent diseases such as type II diabetes and obesity while enhancing physical fitness and overall health (Diz et al., 2024).
- Research indicates that participation in sports and physical activities is associated with improved quality of life and well-being for individuals with ID (Diz et al., 2024).





The Initiative and Its Importance

Significance of Inclusivity

- * Inclusivity is vital for building cohesive communities where everyone can contribute and thrive, regardless of their abilities.

Breaking Down Barriers

- * The initiatives focus on dismantling nutritional barriers that hinder access to health and wellness opportunities for our individuals.

Empowerment through Access

- * Empowering our individuals through access to education and culinary opportunities to improve dietary needs.

Promoting Physical Fitness

- * Encouraging physical exercise and fitness opportunities that are accessible to individuals of all abilities, fostering healthier lifestyles and enhancing overall well-being.



Physical Training Initiative:

Number of Individuals Served: (>90)

Basketball For All Inc

The initiative was designed to recruit individuals to participate in the program. Each of the 32 active players allowed them to scrimmage during the halftime of college and high school games.

Physical Exercise

The initiative was also designed to improve overall fitness and health through structured physical exercises and activities to over 60 individuals in day programming and group home locations.

[Basket for All Video](#)



Culinary Training Initiative:

Number of Individuals Served: (>90)

Overview

The initiative provided culinary training to approximately 90 individuals, fostering skills in a supportive atmosphere.

Hands-On Experience

Participants gained practical experience through hands-on training, developing essential cooking skills and techniques.

Supportive Learning Environment

The initiative emphasized a learning environment, encouraging collaboration and personal growth among participants and empowering them in job readiness to enhance their employability in the culinary field.



Community Engagement Initiative:

Number of Individuals Served: (>90)

Overview

The initiative engaged over 90 individuals to foster community involvement and personal growth through an interactive learning environment.

Developing Interpersonal Skills

The initiative provided communication opportunities for individuals to enhance their interpersonal skills and enhance meaningful social interaction techniques while in the community.

Community Engagement Activities

- The Menil Collection
- Houston Arboretum and Nature Center 4501 Woodway (tour)
- Discovery Green
- The Galleria (Fine Dining)
- Memorial Park I
- Houston Zoo
- Gerald D. Hines Water Wall Park
- Houston Museum of Natural Science
- Hermann Pk Drive (donated tickets)
- Rothko Chapel
- Downtown Tunnel
- Museum of Fine Arts
- Spanky's Pizza
- Houston Rodeo Parade
- Sugar Land Skeeters / Space Cowboys 1 Stadium Drive
- Houston Aquarium
- Miller Theatre
- Milk and Cookie

Key TAKEAWAYS: Impact on IDD Population

Enhanced Healthcare Access

Improved access to healthcare services for individuals with IDD has led to better physical and mental well-being.

Better Educational Opportunities

Educational programs tailored for IDD individuals have opened doors to learning and skill development.

Increased Community Inclusion

Community initiatives have fostered inclusion, allowing IDD individuals to participate in social and communal activities.

Empowerment and Independence

The program has empowered IDD individuals, promoting independence and self-advocacy.

References

- Caudill, A., Ausderau, K., & Barton, K. (2023). Food & Nutrition Security for Adults With Intellectual & Developmental Disabilities: Areas for OT Intervention. *American Journal of Occupational Therapy*, 77(Supplement_2), 7711510240p1-7711510240p1. <https://doi.org/10.5014/ajot.2023.77s2-po240>
- Diz, S., Jacinto, M., Costa, A. M., Monteiro, D., Matos, R., & Antunes, R. (2024). Physical Activity, Quality of Life and Well-Being in Individuals with Intellectual and Developmental Disability. *Healthcare*, 12(6), 654. <https://doi.org/10.3390/healthcare12060654>

Questions

Thank you.

EXHIBIT P-4

Community Access and Engagement Division Updates:

Suicide Postvention Toolkit

Jennifer Battle, VP Community Access and Engagement

Alijah James, MPH Intern (TRT Community Engagement Coordinator)

Community Access and Engagement Scope



Trainings available to the community on MH, IDD and Suicide Care.



Community Outreach and Engagement presence to spread the work about MH, IDD, Suicide Care and The Harris Center overall.



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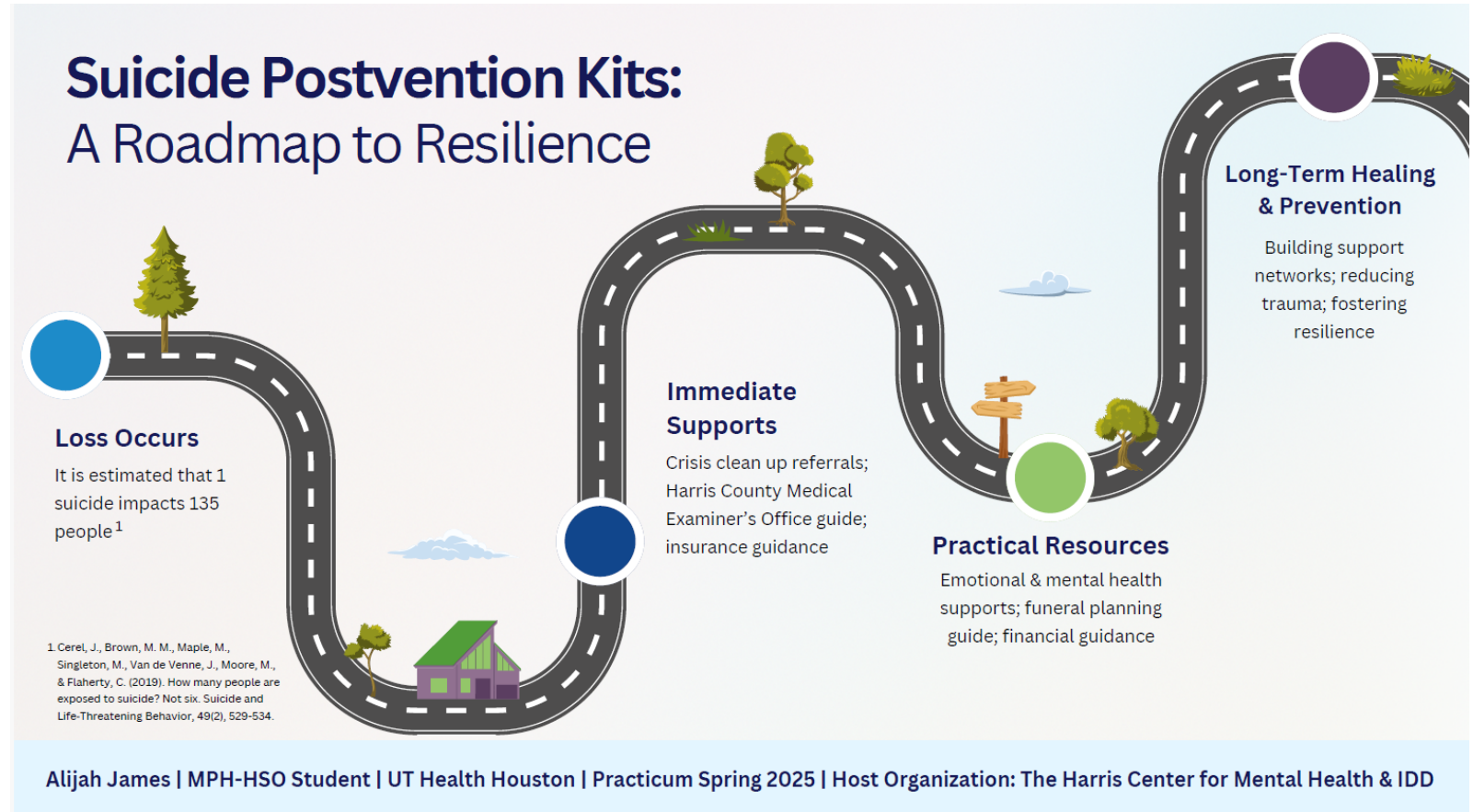
Suicide Postvention Toolkit

Project Goal:

Provide suicide postvention materials to survivors of suicide loss in Harris County

Scope of Work:

- Toolkit creation
- Partnership with Medical Examiners Office
- Expansion to partnership with Houston Area Suicide Prevention Coalition



Toolkit Components

Primary Contents:

- Letter of Support – The Harris Center
- Letter to the Newly Bereaved – Alliance for Hope
- Crisis Cleaning Services
- Medical Examiner Office Information
- Brief Financial Planning Guide for After the Loss of a Loved One
- Funeral Planning Checklist

• Resources:

- AFSP Support Groups
- Harris Center one pager
- Additional Support Resources

Supplemental Materials:

- Feeling Wheel
- Coloring Mindfulness Pages
- Grounding Techniques
- Things I can Control

Additional Items:

- 988 pen
- 988 small notebook
- 988 magnet

Expansion for Specialized Communities:

- Veterans
- Children
- First Responders

THANK YOU.

Jennifer Battle

VP, Community Access and Engagement

Jennifer.Battle@TheHarrisCenter.org

Alijah James

MPH Intern

Alijah.James@TheHarrisCenter.org



IOS Apple – Mobile APP



Google Play – Mobile APP

