

The Harris Center for Mental Health and IDD 9401 Southwest Freeway Houston, TX 77074 Board Room #109

> Program Committee Meeting April 15, 2025 10:00 am

I. DECLARATION OF QUORUM

II. PUBLIC COMMENTS

III. APPROVAL OF MINUTES

A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, March 18, 2025 (EXHIBIT P-1)

IV. REVIEW AND COMMENT

- A. PATH Program Presentation (EXHIBIT P-2 Kimberly Kornmayer)
- B. Foundation Strategic Plan Overview (EXHIBIT P-3 Stephanie Cunningham)
- V. EXECUTIVE SESSION -

* As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.

- VI. RECONVENE INTO OPEN SESSION
- VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION
- VIII. ADJOURN

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Veronica Franco, Board Liaison Max A. Miller, Jr, MTh, D.D. Chairman Program Committee The Harris Center for Mental Health and IDD Board of Trustees



EXHIBIT P-1

BOARD OF TRUSTEES *The* HARRIS CENTER *for* Mental Health *and* IDD PROGRAM COMMITTEE MEETING TUESDAY, MARCH 18, 2025 MINUTES

Dr. M. Miller, Jr., Committee Chair, called the meeting to order at 10 a.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Dr. M. Miller, Jr., Dr. L. Fernandez, Dr. J. Lankford, Dr. K. Bacon,

Committee Member in Absence: R. Thomas

Other Board Members in Attendance: Dr. R. Gearing

1. CALL TO ORDER

The meeting was called to order at 10 a.m.

- **2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS** No Board members required designation.
- **3. DECLARATION OF QUORUM** Dr. Miller, Jr. declared a quorum of the committee was present.
- **4. PUBLIC COMMENTS** There were no Public Comments.
- 5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, February 18, 2025

MOTION BY: LANKFORDSECOND BY: GEARINGWith unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, February 18, 2025 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

A. Jail Based Competency Restoration (JBCR) Expansion-Mona Jiles, Dr. Kristin Holmes presented to the Program Committee.

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B. Foundation Update

- 1. P.A.W.S. Update-Tiffancy Bittner presented to the Program Committee.
- 2. **Hope Connection Art Extravaganza-**Tiffany Bittner presented to the Program Committee.

7. EXECUTIVE SESSION

No Executive Session was needed.

8. RECONVENE INTO OPEN SESSION

9. ADJOURN

There being no further business, the meeting adjourned at 10:54 am.

MOTION BY: GEARING SECOND BY: HURTADO

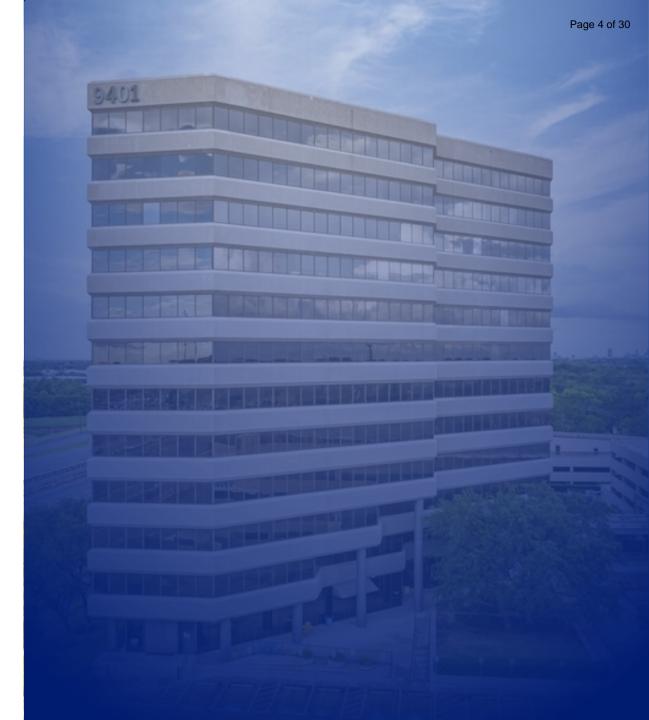
Veronica Franco, Board Liaison Max A. Miller, Jr. Mth, D.D., Chairman Program Committee THE HARRIS CENTER *for* Mental Health *and* IDD Board of Trustees

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EXHIBIT P-2

Projects for Assistance in Transition from Homelessness

Presented by: Omar Sesay, M.Ed., LPC-S, Program Director Date: April 15, 2025



Our vision is to empower people with behavioral health and IDD needs to improve their lives through accessible, integrated and comprehensive recovery-oriented system of care.

Projects for Assistance in Transition from Homelessness (PATH) - *We Provide Access Through Hope*

Who we are

The Projects for Assistance In Transition from Homelessness (PATH) is a Substance Abuse and Mental Health Services Administration (SAMHSA) and Texas Health and Human Services Commission (HHSC) Grant funded Program which provides mental health treatment and supportive services to homeless individuals diagnosed with a mental illness and/or co-occurring substance use disorder.

Goal:

Our goal of the program is to increase the client's environment and psychiatric stability and improve their quality of life, to assist them in transitioning to mainstream mental health services within The Harris Center or other appropriate outpatient clinics in the community.

Who is eligible for PATH Services?

Demographic Criteria:

- Adults ages 18 and older
- Homeless or at risk of becoming homeless
- Diagnosed with a Major Mental Illness and/or co-occurring Substance Use Disorder
- Not currently receiving services at another Harris Center Clinic or enrolled in another PATH program

Referral Sources:

Individuals may be referred for PATH services through a variety of sources:

- Walk into the center & request assistance
- Assertive Outreach
- Shelters & Other Homeless Providers within the Continuum of Care (CoC)
- Internal Harris Center referrals via The Access Line or Clinics (if identified during initial intake)
- Houston Police Department (HPD) and Harris County Sherriff's Office (HCSO)
- Local Hospitals
- General public

What is PATH?

- Located at 2627 Caroline St, Houston Texas 77004 (near downtown Houston)
- Open from 7 a.m. until 4 p.m.
- Near the Downtown/Midtown Houston rail and bus line
- A stop on the Project Access Bus homeless transportation line
- First come first served for intake services
- Breakfast and lunch provided (1 Hot meal a week)
- Meet with QMHPs, LPHA, LCDC, Psychiatric Technicians, Peer Navigator, Nurse, and Psychiatric Mental Health Nurse Practitioner (PMHNP)
- Group topics on Substance use and Recovery, NAMI, and Anger management
- Length of services from "0" and up to 6 months

Available Clinical Services

- Outreach & Engagement
- Mental Health Intake Assessment
- Substance Use Assessment and Brief Counseling
- Physician Assessment & Medication Management
- Nursing Services
- Care Coordination Services
- Groups (Substances use and recovery; NAMI-Peer to Peer)
- Individual Therapy (as needed)
- Housing Referrals
- Linkage, Referral to & Coordination with Social Services

Available Non-Clinical Services

- Lockers with a key utilized to store personal belongings
- Showers
- Laundry access to wash clothes
- Clothing room
- Phone Access
- Computer Access
- Bus passes and van transport locally on an as needed basis
- Clients included in Federal Holiday observation and other significant events

Community Partners

- <u>Coalition for The Homeless</u>: manages The Homeless Management Information System (HMIS)
- <u>Beacon Law</u>: assist clients with Social Security application for benefits
- <u>Houston Food Bank</u>: assist clients with application for food stamps
- <u>Main Street Ministries (a.k.a. Operation ID)</u>: assist clients with obtaining officially accepted identification documents
- <u>St. Hope Foundation</u>: HIV and STD education on site
- <u>Houston Recovery Center (a.k.a. Sobering Center)</u>: provide education and assist consumers with substance use and recovery
- <u>Star of Hope Men, Women and Children Shelter</u>: provide shelter for homeless men, women and children



Affiliated Programs

The Harris Center/Houston Police Department (HPD) Homeless Outreach Team (HOT)

Partners with Houston Police Department's Homeless Outreach Team to provide outreach services and case management services to individuals who are homeless and experiencing a mental illness.

- All Ages
- Voluntary; must be willing to consent to HOT services
- Link and coordinate individuals who need assistance accessing housing, community services, primary healthcare, and behavioral healthcare, as indicated
- 6 a.m. 4 p.m. Monday Friday
- Phone: 832-394-4222
- Fax: 713-970-7424
- Email: <u>Hot_Team_Management@TheHarrisCenter.org</u>
- Location: Houston Recovery Center 150 N. Chenevert, Houston Texas 77002

Affiliated Programs (Continued)

Substance Use Disorder Outreach Program (SUDOP)

The SUDOP program is a Texas Health and Human Services Commission (HHSC) grant funded programs which allows Community Health Workers (CHWs) to provide outreach to assist those living with a substance use disorder (SUD) in increasing their access and retention in substance use, mental health, and medical services. Services included Outreach, Assessment, and Care Management

- Ages 14 and Up
- 7 a.m. 4 p.m. Monday Friday
- Phone: 713-970-7441
- Fax: 713-970-7424
- Email: <u>SUDOP_mgmt@theharriscenter.org</u>
- Address: 2627 Caroline, Houston Texas 77004

Success Story: Warren

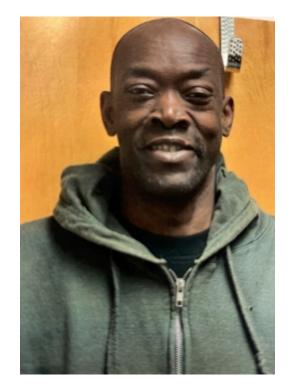
Prior to PATH:

- Enrolled with The Harris Center inconsistently for 1 1/2 years
- Homeless and living in the streets
- Lack of food and community resources
- Mental Health issues
- Substance use
- No Texas Driver License, Birth Certificate and Social Security Card
- Unable to shower and wash clothes
- No support system

With PATH:

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- Acquired permanent supportive housing in February 2025
- Addressed mental health concerns with psychiatric mental health nurse practitioner
- Participates in substance use and NAMI groups consistently
- Obtained Food stamps
- Obtained Texas ID, Birth Certificate, and Social Security Card



Success Story: Gabriel

Prior to PATH:

- Housing instability
- Homeless and living at Star of Hope Men Shelter
- Mental health concerns and not taking any medications
- Substance use concerns
- Lack of support system

With PATH:

- Acquired permanent supportive housing
- Under psychiatric care and taking my medications
- Obtained food stamps
- Community resources
- Utilized substance use counselor to assist with maintaining sobriety

Success Story: Game Ball from CEO Wayne Young for staff



"I know that I need someone to listen and understand my needs. I really meet one lady who care about people and her name is Mrs. Earlene Drayden. She is very, Very helpful if some of us really want to change our life around. She helped me. Now she is helping me get back into the workplace by sending me to a program which really help with getting back to work"

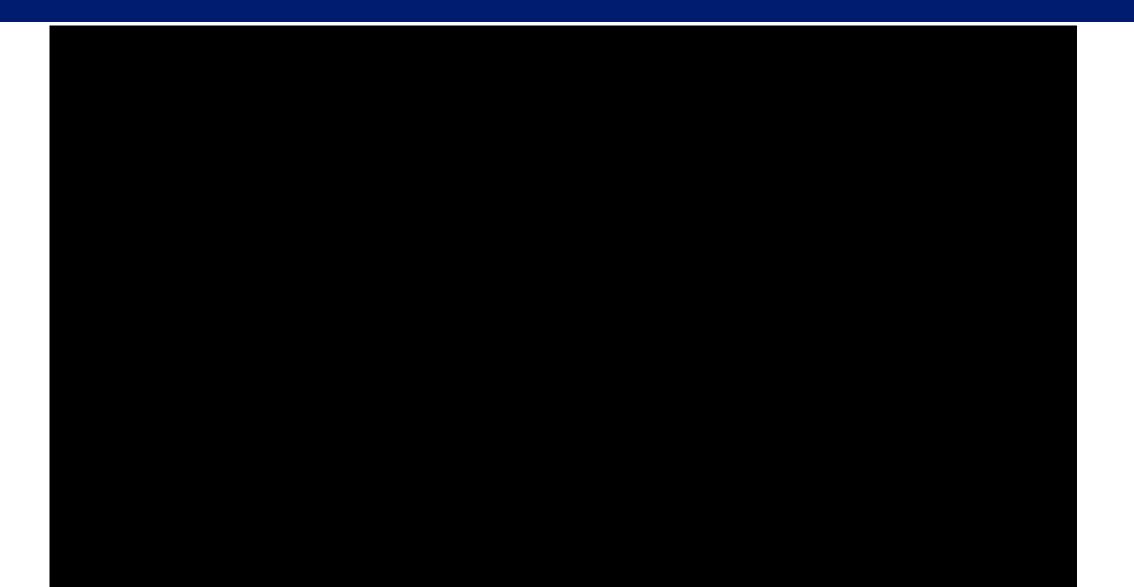
PATH Quarterly Data FY2025

PATH	Quarter 1	Quarter 2	TOTAL
PATH Outreach Contacts	634	<mark>6</mark> 87	1,321
HOT Outreach to PATH	365	269	634
PATH Enrollment	142	139	281
Coordinated Access Assessments	52	43	95
Income Assistance	47	55	102

PATH Program Team



PATH Program Video



Let's Transform Lives Together

Thank you.

EXHIBIT P-3

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The Harris Center Foundation Strategic Plan

Fiscal Years 2025 - 2027

April 15, 2025 Presented by Bob Eury, Board Chair

Patricia Gail Bray, PhD, Immediate Past Board Chair, Visioning Committee Chair and Grants Committee Chair

Stephanie Cunningham, Executive Director



Foundation Updates

- Since 2021 the Foundation has provided \$574,105 in funding to 22 projects.
- Added four new Board Directors in 2025
- 2025 Executive Committee
 - Bob Eury, Chair
 - Judge Marc Carter, Vice Chair
 - Dr. Lucindra Campbell-Law, Treasurer
 - Susan Fordice, Secretary
 - Dr. Patricia "Gail" Bray, Immediate Past Chair
- Stephanie Cunningham, new Executive Director succeeded Susan Fordice in January







Foundation Strategic Plan Development

- Visioning Committee was created in August 2024 to develop a Strategic Plan
- Primary goal was to guide the Foundation's work and be in alignment with The Harris Center's Strategic Plan
- Visioning Committee presented the plan to Executive Leadership in November 2024 and the Foundation Board approved the plan in February 2025





Visioning Committee

Foundation Vision

Grow the foundation with the purpose of sustaining in perpetuity the mission and vision of The Harris Center for Mental Health and IDD.

Foundation Mission

Cultivate philanthropic investments to expand services and programs for the benefit of the individuals and families served by The Harris Center for Mental Health and IDD.





Alignment with THC Plan Domains, Community and Innovation Highlighted = Foundation Funding Priorities



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4 Program Access	4.1. Add service strategies that either extend program availability or enhance service array for MH/SUD/IDD.	6	8	10
	4.2 Decrease 30 day readmissions rates to HCPC/SMHF discharges, inclusive of individuals having IDD/ASD.	10.25%	9.75%	9.25%
	4.3 Increase the number of people served with substance use disorder services	497	547	602
	4.4 Enhancement of multi-linguistics in clinical education programs to best serve community. (Baseline FY24 = 19.4% Multi-linguistic Students)	25%	30%	40%
	4.5 Increase the number of children and adults served in IDD/ASD services. (Baseline FY24 = 970)	990	1010	1030
5 Community	5.1. Increase The Harris Center reach into the community via outreach and engagement activities for MH/SUD/IDD. (Baseline FY24 = 357 Annually)	393	428	464
	5.2 Expand The Harris Center's partnerships with local law enforcement and mental/behavioral health providers to include training on the identification, engagement, and referral resources for persons with intellectual and developmental disabilities (IDD) and/or autism spectrum disorders (ASD).	10 Trainings	15 Trainings	20 Trainings
	5.3 Expand community training through additional curricula and number of people trained related to MH/SUD/IDD. (Baseline FY24 = 1272)	1399	1526	1654
6 Innovation	6.1. Improve financial and accounting platform	Financial PKG & System Improvements Proposal	Grant Mgt System & Financial PKG Automation	5 Financial System Improvements
	6.2 Establish agency-wide program for incorporating safe artificial intelligence (AI) to MH/SUD/IDD care delivery	Yes/NO	1 Tool	3 Tool
	6.3 Develop and implement The Harris Center HUB (HCHub), an on-demand MH/SUD/IDD clinical service offering convenient, accessible virtual care.	HCHub Pilot	500 Visits	1000 Visits

Foundation Strategic Plan Domains

- 1. Grantmaking: To identify Foundation annual grant funding priorities based on The Harris Center strategic plan goals and to fund Harris Center programs and initiatives.
- 2. Board Development: To develop best-practice nonprofit board governance and operations.
- 3. Fundraising: To develop an annual fund development plan and increase unrestricted and private funding sources.





The Harris Center Foundation Strategic Plan



Domain	Goal	FY2025	FY2026	FY2027
1 THCF Grantmaking	THCF 1.1 To identify THCF Annual Grant Funding Priorities Based on THC strategic plan goals and fund THC programs and initiatives in alignment.	Yes/No Aligned	Yes/No Aligned	Yes/No Aligned
	THCF 1.2 Increase grants provided to THC. Over the last five years funded an average of \$114,820 annually	Funds granted \$102,000	20% increase on average \$137,784	20% increase from prior year \$165,341
2 THCF Board Development	THCF 2.1 To improve financial and accounting processes and procedures for THCF	Financial PKG & System Improvements Proposal	Grant Mgt System & Financial PKG Automation	Addl. Financial System Improvements
	THCF 2.2 Develop processes and procedures for best practice non-profit governance and operations for Annual Board and Staff Work Plans	Assess needed processes and procedures, prioritize and begin implementing	Yes/No Implement identified processes and procedures	Yes/No Implement identified processes and procedures
3 THCF Fundraising	THCF 3.1 Develop processes and procedures and an annual fund development plan for annual funding prioritization supporting THC projects	Yes/No Create Impact Metrics	Impact Metrics	Impact Metrics
	THCF 3.2 Develop a fund development plan to increase unrestricted and private funding sources and establish a THCF Endowment	Yes/No Secure \$500,000 in funding	Secure \$750,000 in funding	Secure \$1 M in funding

Looking Ahead

• Track and report progress to The Harris Center Board and leadership

- Kicking off Fiscal Year 2026 Grant Funding Cycle with Call for Proposals in April
- Fall fundraising event planning underway







THANK YOU for you support of The Harris Center Foundation

B B B B HARRIS CENTER Foundation for Mental Health and IDD