

The Harris Center for Mental Health and IDD
9401 Southwest Freeway Houston, TX 77074
Board Room #109

Program Committee Meeting
March 18, 2025
10:00 am

I. DECLARATION OF QUORUM

II. PUBLIC COMMENTS

III. APPROVAL OF MINUTES

- A. Approve Minutes of the Board of Trustees Program Committee Held
on Tuesday, February 18, 2025
(EXHIBIT P-1)

IV. REVIEW AND COMMENT

- A. Jail Based Competency Restoration (JBCR) Expansion
(EXHIBIT P-2 Mona Jiles)
- B. Foundation Update
1. P.A.W.S. Update
(EXHIBIT P-3 Tiffany Bittner)
 2. Hope Connection Art Extravaganza
(EXHIBIT P-4 Tiffany Bittner)

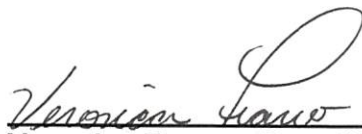
V. EXECUTIVE SESSION –

* As authorized by §551.071 of the Texas Government Code,
the Board of Trustees reserves the right to adjourn into Executive
Session at any time during the course of this meeting to seek legal
advice from its attorney about any matters listed on the agenda.

VI. RECONVENE INTO OPEN SESSION

**VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE
SESSION**

VIII. ADJOURN



**Veronica Franco, Board Liaison
Max A. Miller, Jr, MTh, D.D. Chairman
Program Committee
The Harris Center for Mental Health and IDD
Board of Trustees**



EXHIBIT P-1

BOARD OF TRUSTEES
The HARRIS CENTER for
Mental Health and IDD
PROGRAM COMMITTEE MEETING
TUESDAY, FEBRUARY 18, 2025
MINUTES

Dr. M. Miller, Jr., Committee Chair, called the meeting to order at 10:25 a.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Dr. M. Miller, Jr., Dr. L. Fernandez, Dr. K. Bacon,
R. Thomas-teleconference

Committee Member in Absence: Dr. J. Lankford,

Other Board Members in Attendance: N. Hurtado, Dr. R. Gearing

1. CALL TO ORDER

The meeting was called to order at 10:25 a.m.

2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS

Dr. Miller, Jr. designated N. Hurtado as a voting member of the Program Committee.

3. DECLARATION OF QUORUM

Dr. Miller, Jr. declared a quorum of the committee was present.

4. PUBLIC COMMENTS

There were no Public Comments.

5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, November 12, 2024

MOTION BY: GEARING SECOND BY: FERNANDEZ

With unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, November 12, 2024 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

A. FQHC Update-Dr. Stanley Williams and Lance Britt presented to the Program Committee.

- B. **Community Access and Engagement Division Update**-Jennifer Battle presented to the Program Committee.

7. EXECUTIVE SESSION

No Executive Session was needed.

8. RECONVENE INTO OPEN SESSION

9. ADJOURN

There being no further business, the meeting adjourned at 11:21 am.

MOTION BY: GEARING

SECOND BY: HURTADO

Veronica Franco, Board Liaison
Max A. Miller, Jr. Mth, D.D., Chairman
Program Committee
THE HARRIS CENTER *for* Mental Health *and* IDD
Board of Trustees

EXHIBIT P-2



 *The*
HARRIS
CENTER *for*
Mental Health and IDD

Jail Based **COMPETENCY RESTORATION EXPANSION**

Krystin Holmes PhD, LPC-S, LMFT-S, NCC
Program Director



WHAT IS *Jail Based* COMPETENCY RESTORATION?





MISSION

The mission of JBCR is to transform the lives of mental health justice-involved individuals who are awaiting competency restoration treatment at a state hospital or mental health facility.

VISION

The vision of JBCR is to deliver competency restoration services utilizing a person-centered, trauma-informed, holistic approach to empower justice-involved individuals. We strive to provide our patients with services tailored to their specific needs with the primary objective of restoring competency.

GOALS

The goal is to reduce or ameliorate the stress of incarceration while providing factual and rational court education services.

Additionally our goal is to promote a forensic-based community approach to competency restoration and develop a unique setting where patients can achieve success through programmatic intervention while incarcerated.

Holistic FORENSIC MODEL

 **The HARRIS CENTER** *for*
Mental Health and IDD

holistic adjective + forensi noun

ho • lis • tic hō - li - stik

fe • ren • sik fe - ren - zik

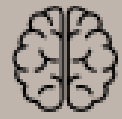
- 1: a multidimensional approach to correctional wellness that considers the whole person, including their physical, mental, emotional, social, intellectual, spiritual and legal aspects
- 2: a method of applying forensic science to justice-involved persons that considers the person in relation to their individual factors including past and present trauma
- 3: Related: *Trauma Informed Approach*



Holistic FORENSIC MODEL



Physical & Medical
Attending to physical wellness needs



Mental & Emotional
Attending to psychiatric wellness and emotional needs



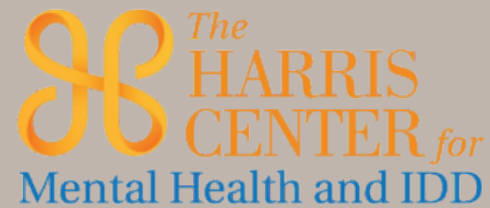
Social & Spiritual
Attending social interaction and spiritual needs



Educational & Intellectual
Attending to the educational, developmental, and intellectual needs



Justice-Involved
Attending to social interaction and spiritual needs



Program SERVICES



JBCR Program Services

- Screening and Assessment
- Medication Management
- Nursing Services
- Individual & Group Therapy
- Peer Support Services
- Recreational & Movement Therapy
- Court Education
- Case Management & Discharge Planning

MENTAL HEALTH AWARENESS MONTH 2024





Data & METRICS

Restoration Rate

- Program Average: 89%
 - FY 2021: 87%
 - FY 2022: 93%
 - FY 2023: 90%
 - FY 2024: 96%
 - FYTD 2025: 81%



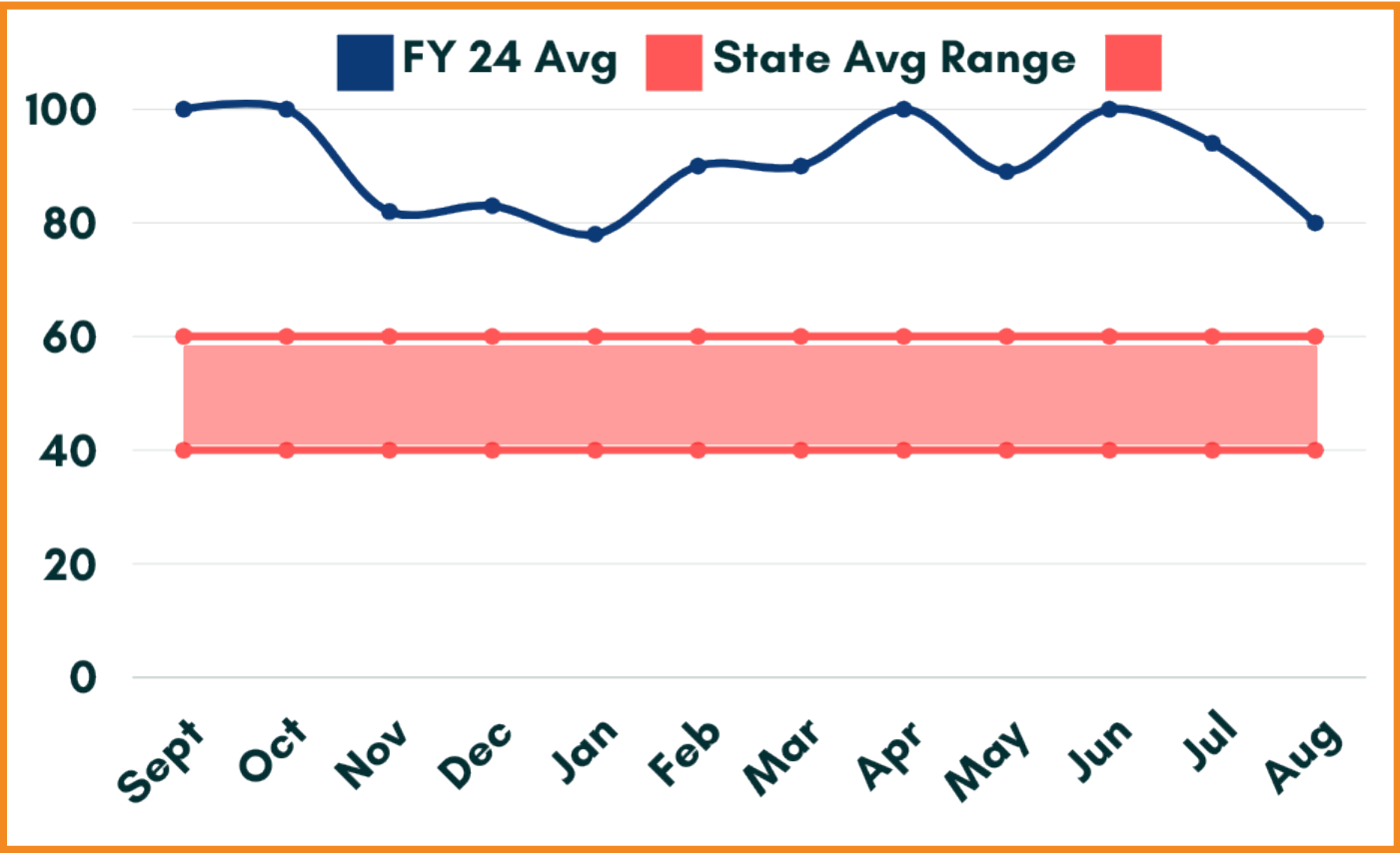
Average Length of Stay (ALOS)

- Program Average: 79 days





FY 2024 RESTORATION RATE



Restoration Rate

The JBCR Program achieved an overall restoration rate of 96% for FY 2024, well above the contract minimum requirement of 55%. The chart above provides a breakdown of the restoration rate by month and the FY average throughout the year.

Additionally, a range of restoration rates among Jail Based Competency Restoration Programs across the state of Texas is provided for comparison and ranges from 40% to 60% overall.

Court Ordered Medications

When necessary to help patients restore to competency, and after exhausting all other avenues of treatment in order to gain medication adherence, the JBCR Program Psychiatrist may petition the court for an order to compel the administration of psychoactive medication. The rate of prevalence in the JBCR Program for court ordered medications was 38% in FY 2024.

FY2024 RESTORATION RATE = 96%



T.E.A.M.

Together Everyone Achieves More

JBCR Program Highlights



 *The*
HARRIS
CENTER *for*
Mental Health and IDD

JBCR EMPOWERMENT DAYS



JAIL BASED COMPETENCY RESTORATION

JBCR

 **The HARRIS
CENTER** for
Mental Health and IDD

HARRIS COUNTY
HC SO
SHERIFF'S OFFICE
The Women's Empowerment Center
1307 Baker Str

HARRIS COUNTY
HC SO
SHERIFF'S OFFICE
SHERIFF ED GONZALEZ





 *The* HARRIS
CENTER *for*
Mental Health and IDD

*Setting the
Standard*

PRESENTATIONS AND
PROGRAM IMPACT

Program Impact PRESENTATIONS

FY 2024 – Present

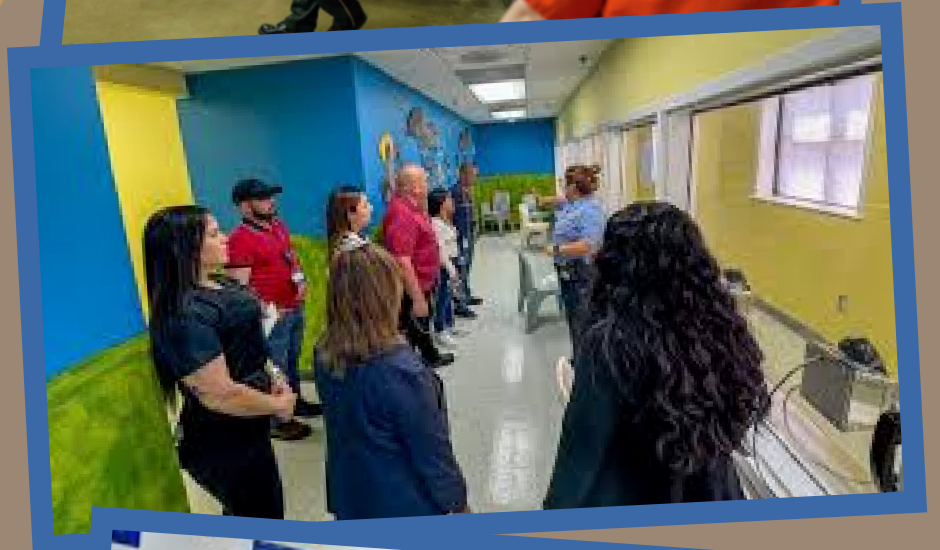
- NCCHC Spring National Conference – St. Louis, Missouri
 - Trauma Informed Care in JBCR
- NCCHC Summer Mental Health Conference – San Juan, Puerto Rico
 - Best Practices in JBCR
- Harris County District Court Coordinator Conference – Houston, Texas
 - Mental Health Symptoms and Referrals
- Harris County District Judge’s Annual Meeting – Houston, Texas
- NCCHC National Conference – Las Vegas, Nevada
 - Best Practices in JBCR
- Correctional Management Institute of Texas – Corpus Christi, Texas
 - Best Practices in Competency Restoration Collaboration
- NCCHC Spring Conference – Louisville, Kentucky
 - Bullseye: Hitting the Mark in Developing a JBCR



Program Impact

SITE TOURS

Harris County Veterans Services Department
 Harris Center Practicum Students
 Office of County Administration
 Polk County Sheriff's Office (FL)
 Harris County Public Defender's Office
 State Auditor's Office (TX)
 Angelina County Sheriff's Office
 Brazos County Sheriff's Office
 Hill County MHMR
 County Judge's Office Policy Advisor Tour
 Harris County Commissioner PCT 4
 Lord Chancellor & Delegation (United Kingdom)





Raising the Bar

PROGRAM SUCCESSES AND WINS



Program

SUCCESSSES

 **The HARRIS
CENTER** *for*
Mental Health and IDD

COMMISSIONER'S COURT

Support and Resources Provided for the
following Forensic Programs

Jail Based Competency Restoration (JBCR) Expansion
Forensic Single Portal Authority (FSPA)



*Investing in
Growth*

Program Expansion
and Continued
County Support

\$998,239.87



HARRIS COUNTY

HARRIS COUNTY APPROVES REFORM PACKAGE TO IMPROVE DISTRICT CRIMINAL COURTS

AUGUST 6, 2024

Program SUCCESSES

► IDD and Justice Involved Individuals

In collaboration with The Harris Center's IDD Division, Forensic Services has developed a strategy for enhancing services for individuals with IDD and justice involvement through additional screening and referral processes.

- Creation of an IDD-Competency Restoration Sub-Committee
- Utilization of a Learning Needs Assessment to help screen and identify justice-involved individuals
- Developed for use by Harris County Juvenile Probation Officers
- Goal to identify IDD individuals in the jail who also have CR concerns

LEARNING NEEDS SCREENER

INTERVIEWER NAME: _____

TITLE: _____

INTERVIEW DATE: _____

STUDENT/CLIENT NAME: _____

DATE OF BIRTH: _____ IDENTIFICATION NUMBER: _____

GENDER: Male Female

HOW MANY YEARS OF SCHOOLING HAVE YOU HAD? _____

BEFORE PROCEEDING TO THE QUESTIONS, READ THIS STATEMENT TO THE INDIVIDUAL:

The following questions are about your school and life experiences. It is important to find out how it was for you when you were in school/ training and if there is anything that would get in the way of your learning and understanding.


Section A	
1. Did you have any problems learning in middle school or junior high school?	0 Yes 0 No
2. Do any family members have learning problems?	0 Yes 0 No
3. Do you have difficulty working with numbers in columns?	0 Yes 0 No
4. Do you have trouble judging distances?	0 Yes 0 No
5. Do you have problems working from a test booklet to an answer sheet?	0 Yes 0 No
<i>Count the number of "Yes's" for Section A</i>	
X 1 =	





Next Steps

UPCOMING PROJECTS

- 
- Jail Based Competency Restoration (JBCR) Program Expansion
 - FSPA Expansion
 - IDD-Competency Restoration Individuals

Contact INFORMATION

Krystin Holmes, PhD, LPC-S, LMFT-S, NCC
Program Director

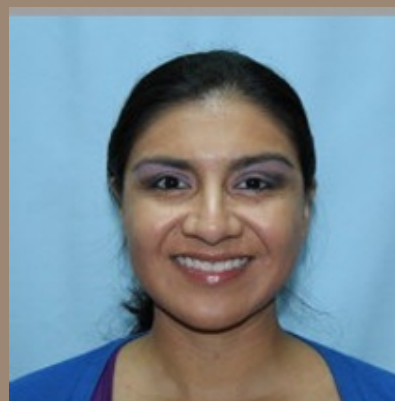
Krystin.Holmes@theharriscenter.org

Sean McElroy M.Ed., LPC-S
Senior Director Forensic Services

Sean.McElroy@theharriscenter.org



Salute to the Forensic Division
Doctors!



Happy National Doctor's Day!

March 30th, 2025

Relief MDs

Christopher
Bone

Cira Deleon

Danae Georges

Herman Patel

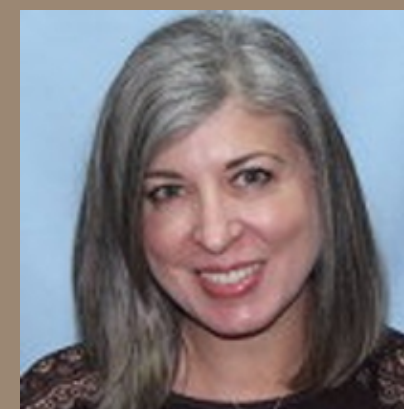
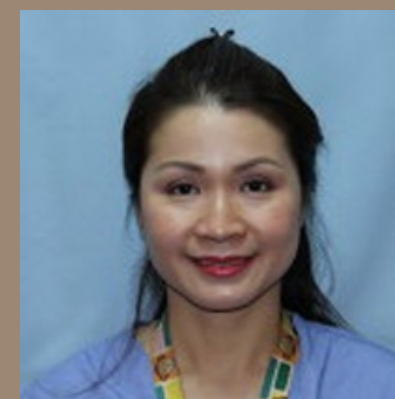


EXHIBIT P-3



Pet Assisted Wellness Services at The Harris Center



2024 Year in Review

Presented by: Tiffany Bittner MSN, RN, CPHQ, NE-BC,
PMH-BC
March 2025

Goals

- Goal #1: Provide five 8-week sessions with Healing Species with a minimum of 5 sessions – **GOAL ACHIEVED**
- Goal #2: Survey 50% of clients exposed to Healing Species services to determine impact on client care – **GOAL ACHIEVED**



“SEE WITH YOUR
HEART”



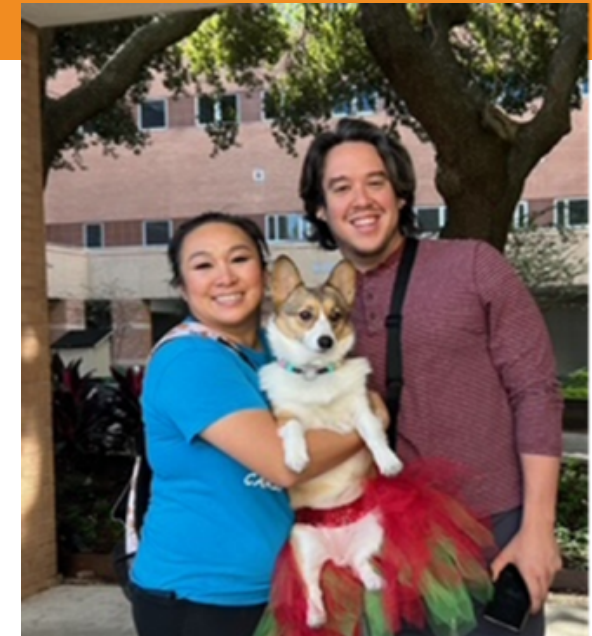
Impacting Lives

Five (5) 8-week learning sessions provided by healing species which impacted over 80 clients

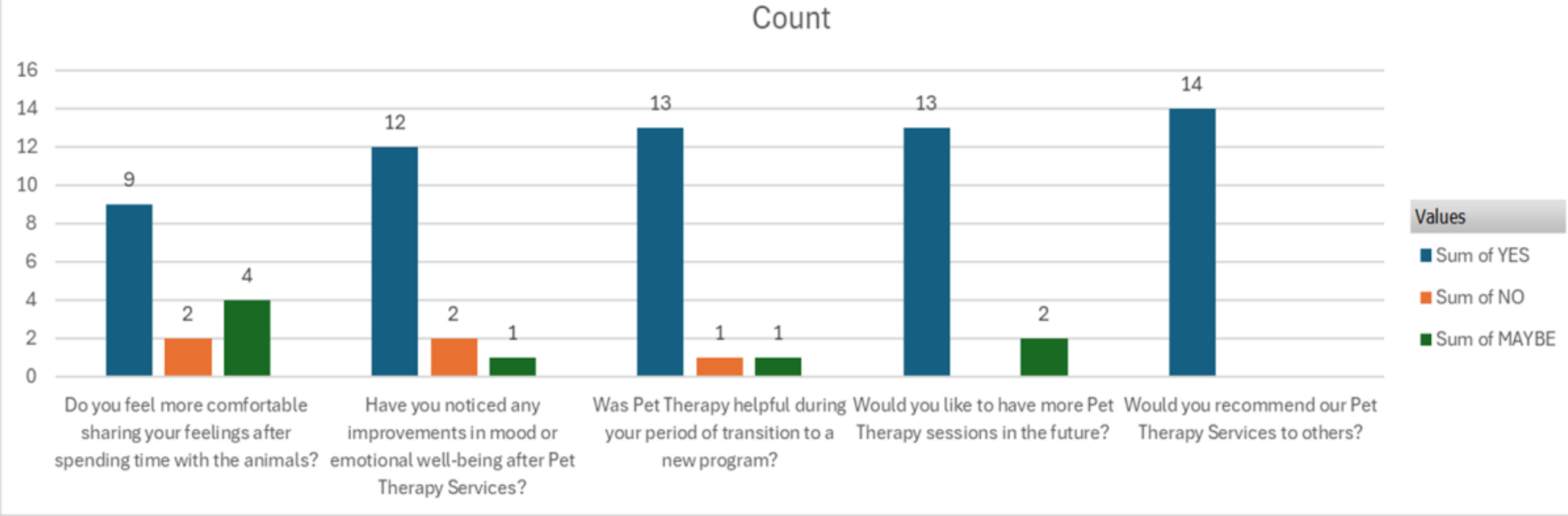
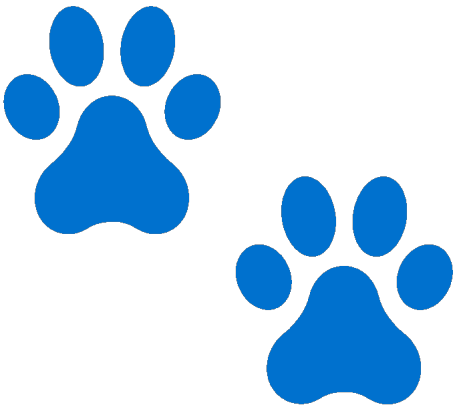
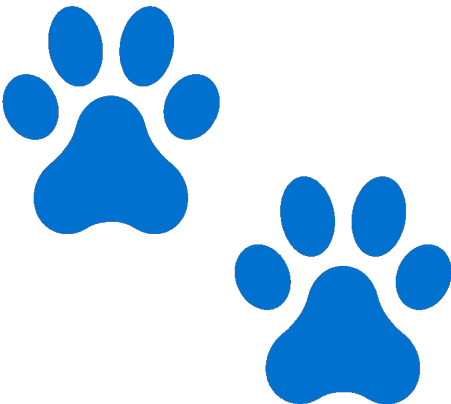
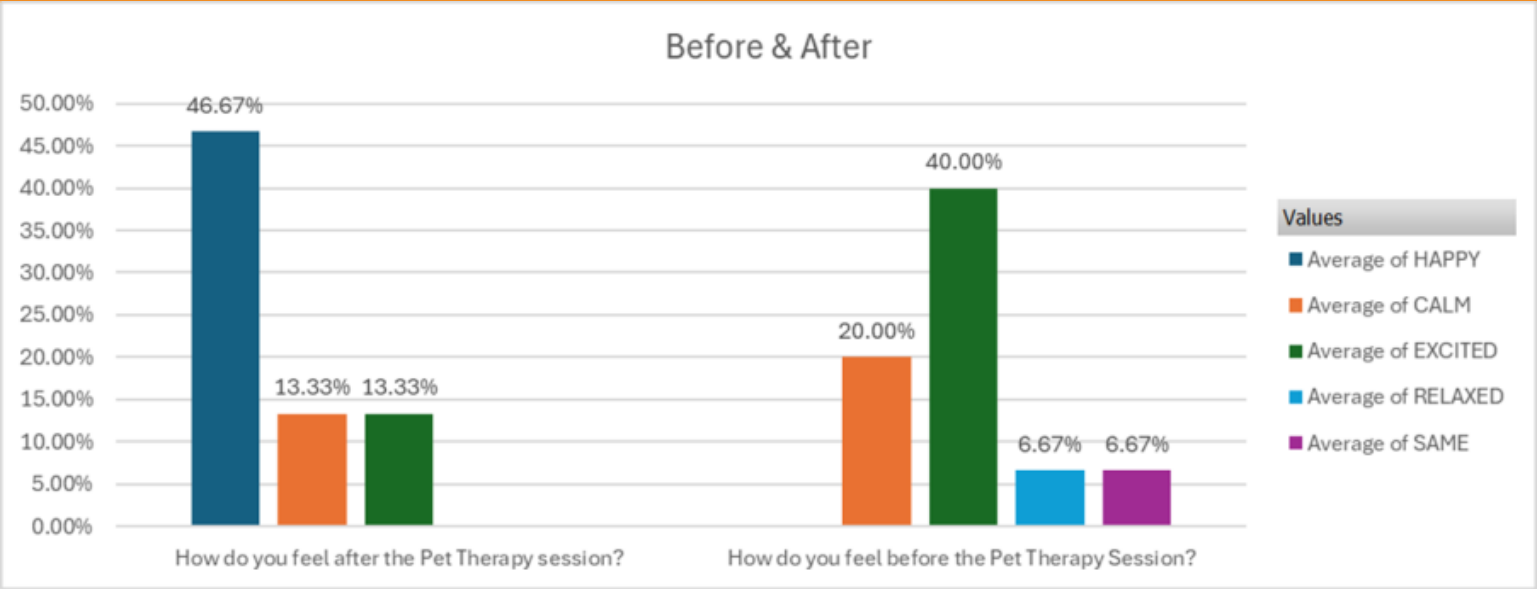
- Jail Diversion
- IDD Summer enrichment program (Humble and Houston locations)
- Hospital to Home

Multiple come and go visits with staff and clients through healing species, faithful paws and pet partners touching hundreds of individuals

- Yes Waiver
- CAS
- Capable Carnival
- Suicide Prevention Month



Survey Says...

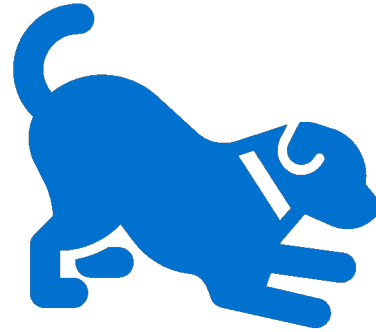


PAWS-itively Positive



Forward Movement and Goals

- Currently funding programs in:
 - Jail Diversion
 - Crisis Stabilization Unit
 - Zero Suicide activities
 - EmpowerHer
- Explore the possibilities of expanding our program to a more self-sufficient model utilizing internal and external resources and processes for animal assisted services
- Year-round programming for specific Residential and IDD spaces
- Use of our animal partners for staff events, staff meetings or after a traumatic/stressful episodes



Thank you.

EXHIBIT P-4

Hope Connection Art Extravaganza

2024 Year in Review

Presented by: Tiffany Bittner MSN, RN, CPHQ, NE-BC,
CPHQ
March 2025



Take A Look

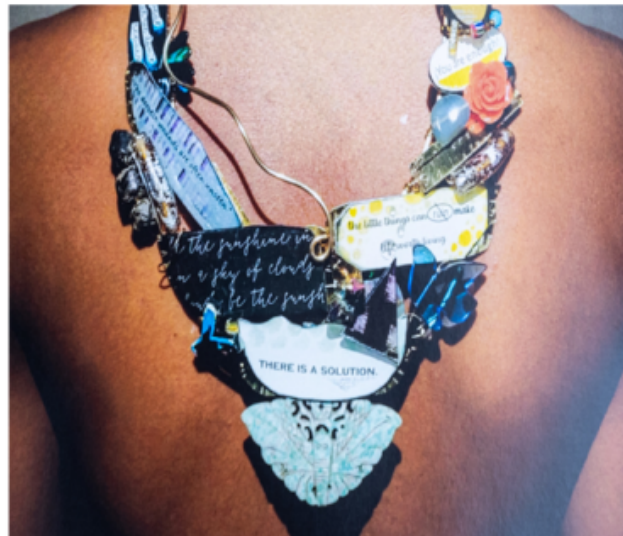
The 2024 Hope Connection Art Extravaganza was a great success and provided a therapeutic environment for some of The Harris Center's most vulnerable clients.

[2024 Hope Connection Art Show](#)

Goals and Achievements



Goal #1: Increase the number of participants 15% from FY2023 that completed an art project for the Texas Mental Health Creative Arts Contest by the communicated due date – **GOAL ACHIEVED** FY23: 51/FY24: 61



Goal #2: Provide necessary supplies to all non-employee artists, including professional photography for all submissions – **GOAL ACHIEVED**



Goal #3: Host an internal art show showcasing at least 70% of the pieces submitted by The Harris Center clients and staff – **GOAL ACHIEVED** (68 pieces shown)

All in the Details

- Over 30 clients had the supplies for their project funded by the grant
- Provided an art workshop for individuals to connect with others and work on projects at The Harris Center
- We received:
 - 61 drawings/paintings
 - 3 poems
 - 1 photograph
 - 3 digital art pieces
 - 1 play/short story
- Artwork was received from clients and employees from at least 9 different units/clinics



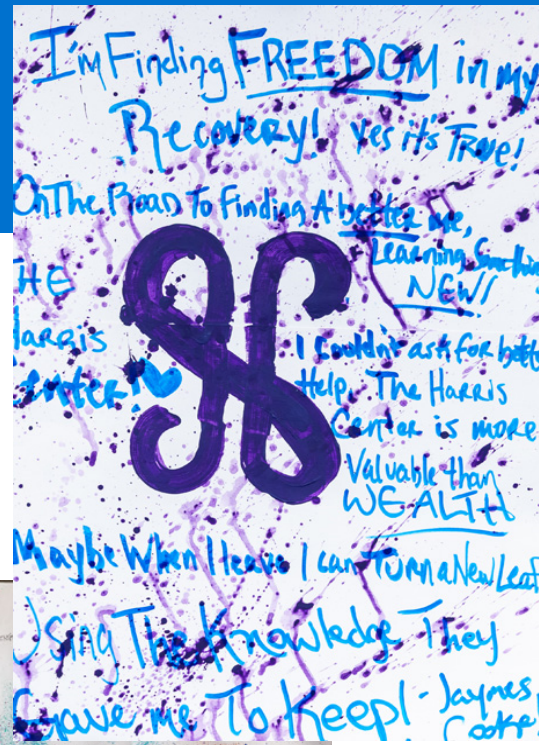
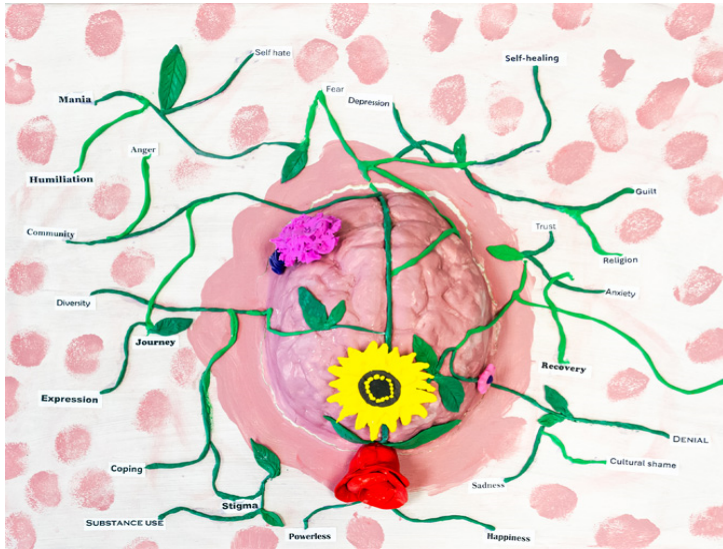
Community Connection



The Hope Connection Art Extravaganza continues to highlight the Harris Center's core mission and fosters connection with our community and those we serve

Sneak Peak 2025

- 2 new celebrity judges
- Now accepting sponsorships through the art auction site
- Over 80 pieces of art
- Capable Coffee returns for refreshments



Date

May 2, 2025

Time

1pm-5pm

Location

Conference Room 104

Thank you.