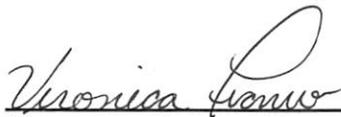


Program Committee Meeting

May 21, 2024

11:00 am

- I. DECLARATION OF QUORUM**
- II. PUBLIC COMMENTS**
- III. APPROVAL OF MINUTES**
 - A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, April 16, 2024
(EXHIBIT P-1)
- IV. REVIEW AND COMMENT**
 - A. Mental Health and Integrated Care Quarterly Update
(EXHIBIT P-2 Lance Britt/Stanley Williams)
- V. EXECUTIVE SESSION –**
 - * **As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.**
- VI. RECONVENE INTO OPEN SESSION**
- VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION**
- VIII. ADJOURN**



Veronica Franco, Board Liaison

**Bonnie Hellums, MED, LMFT, LCDC, AAC, JD Chairperson
Program Committee**

**The Harris Center for Mental Health and IDD
Board of Trustees**



EXHIBIT P-1

BOARD OF TRUSTEES
The HARRIS CENTER for
Mental Health and IDD
PROGRAM COMMITTEE MEETING
TUESDAY, APRIL 16, 2024
MINUTES

Mrs. Hellums, Committee Chair, called the meeting to order at 12:11 p.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Dr. R. Gearing, Dr. L. Moore, B. Hellums

Committee Member in Absence:

Other Board Members in Attendance: Dr. L. Fernandez

1. CALL TO ORDER

The meeting was called to order at 12:11 p.m.

2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS

Mrs. Hellums designated Dr. L. Fernandez as a voting member.

3. DECLARATION OF QUORUM

Mrs. Hellums declared a quorum of the committee was present.

4. PUBLIC COMMENTS

There were no Public Comments.

5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, March 19, 2024.

MOTION BY: MOORE

SECOND BY: FERNANDEZ

With unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, March 19, 2024 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

A. Recommendation No. 436R-Mercedes Alejandro for IDD-PAC Family Advocate Membership

MOTION BY: MOORE

SECOND BY: FERNANDEZ

With unanimous affirmative votes

BE IT RESOLVED that the Recommendation No. 436R-Mercedes Alejandro for IDD-PAC Family Advocate Membership under Exhibit P-2, are approved and recommended to the Full Board for acceptance.

7. REVIEW AND COMMENT

A. 3200 Main St.-Amber Honsinger and Kim Kornmayer presented to the Program Committee.

7. EXECUTIVE SESSION

No Executive Session was needed.

8. RECONVENE INTO OPEN SESSION-

No Executive Session was needed.

9. ADJOURN

There being no further business, the meeting adjourned at 12:30 pm.

MOTION BY: FERNANDEZ

SECOND BY: MOORE

Veronica Franco, Board Liaison

Bonnie Hellums, Chairman

Program Committee

THE HARRIS CENTER *for* Mental Health *and* IDD

Board of Trustees

EXHIBIT P-2

Behavioral Health

2024 Program Highlights

**Lance Britt, MHA, LPC,
FACHE**

VP Behavioral Health





Multisystemic Therapy *Program Highlights*

Tricia Novotny · Raul Ureste

MST Targets for the 2 Teams

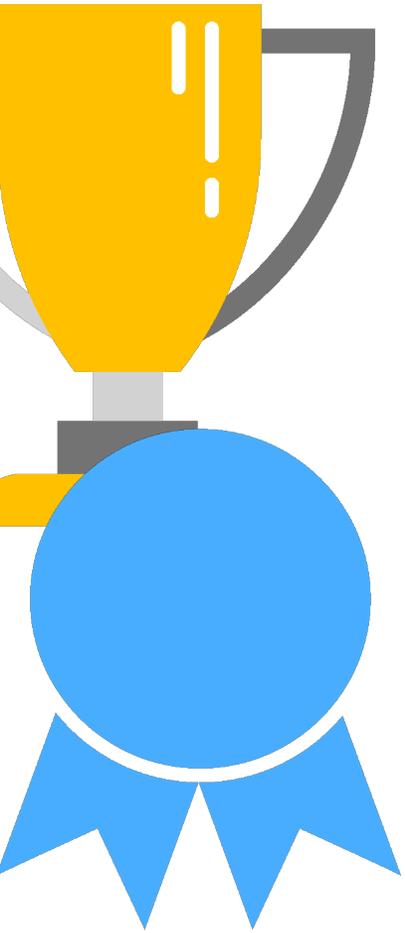
Team # 1

- Total Cases Receiving Full Treatment: **198**
- Percent of Youth No New Arrest: **89.90 %**
- Percent of Youth Living in Home: **89.39%**
- Percent of Youth in School or Working: **88.89%**
- Total Cases with Substance Use Targeted: **137**
- Percent of Youth with Reduction in Use: **91.98%**

Team # 2

- Total Cases Receiving Full Treatment: **121**
- Percent of Youth No New Arrest: **93.10%**
- Percent of Youth Living in Home: **96.55%**
- Percent of Youth in School or Working: **100%**
- Total Cases with reduced substance use/drug free: **100%**

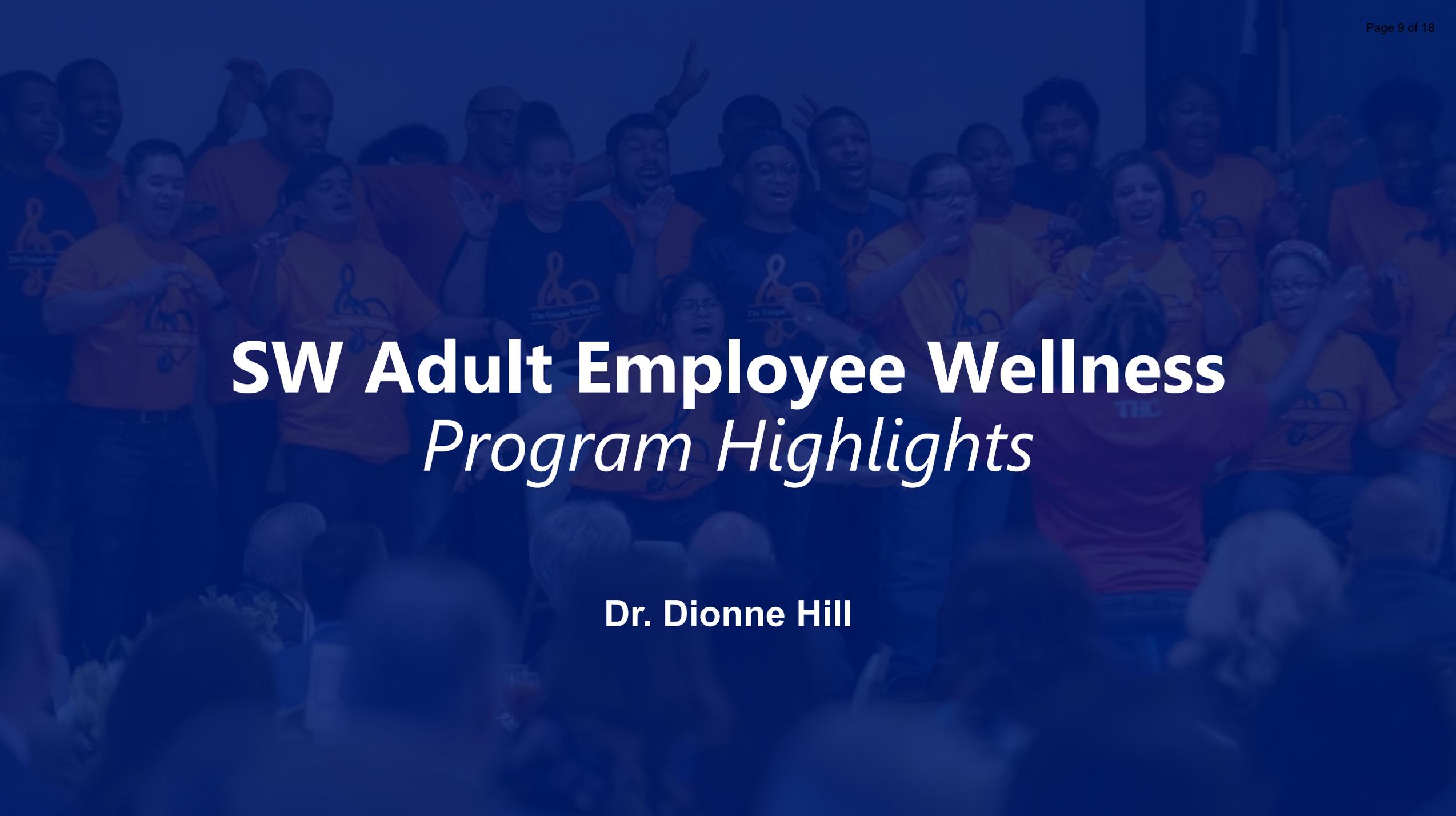
MST Awards 2023-2024



- MST Sustained Excellence Award in the category of Therapist Adherence
Shaconda Keller
- MST Sustained Excellence Award in the category of Team Adherence
**Daniel McGrew,
Rosa Villalta,
Shaconda Keller**
- Whatever It Takes! Award
Amnesty Brown
- MST Therapist of the Year Award
Tiffany Woodard
- MST Therapist TAMR - Sustained Excellence - Therapist Adherence Award
Tiffany Woodard

Program Spotlight

Multisystemic Therapy Video Presentation



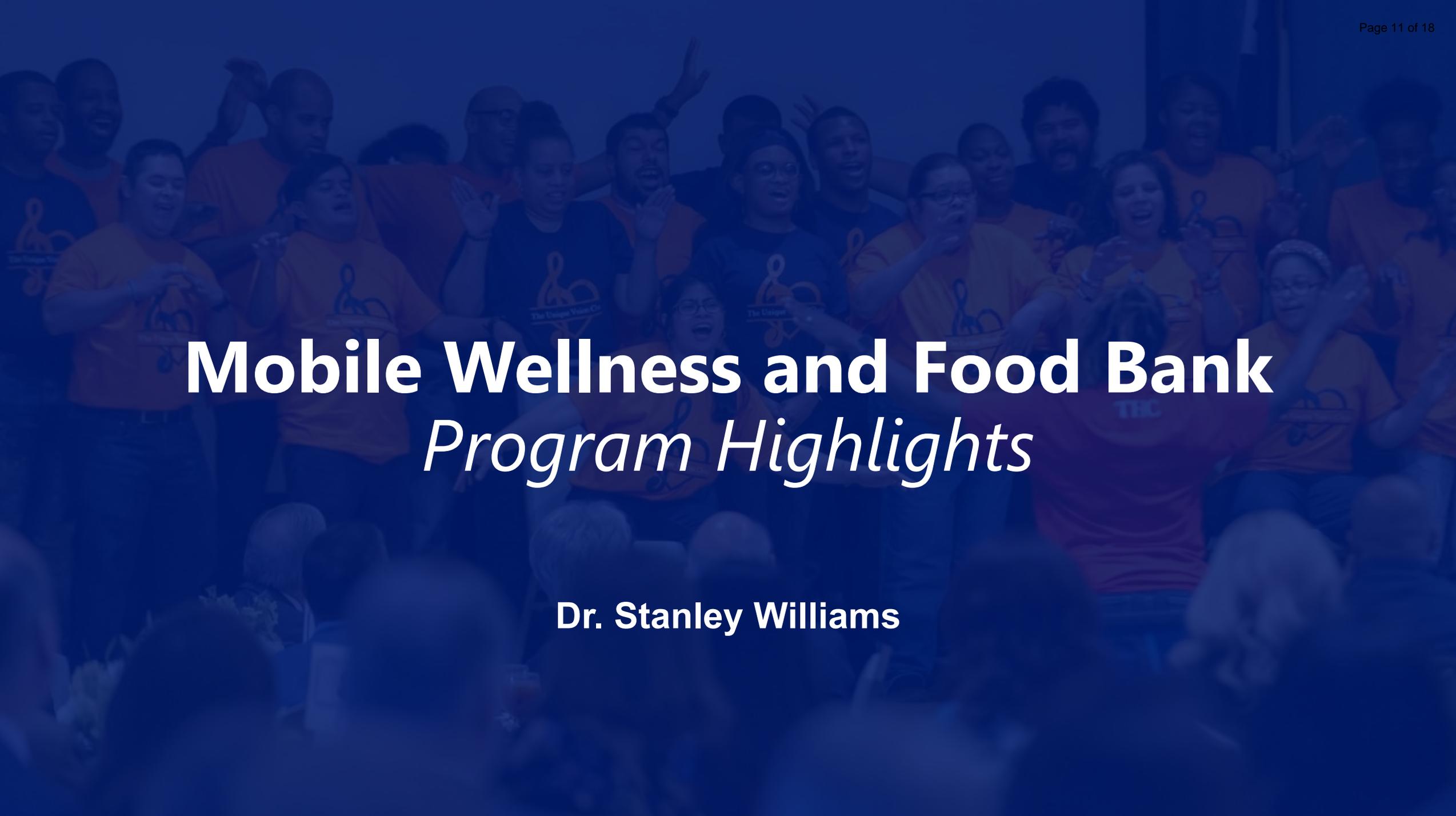
SW Adult Employee Wellness *Program Highlights*

Dr. Dionne Hill

My Happy Place....

- Need a quick mental health break during a busy day when at work? How about a space to meditate and regroup?
- Southwest Adult Clinic has a "**Happy Place**" every Wednesday for staff to take a 15-minute mental break where all 5 senses will be recharged.
- Join us for a moment to experience the refreshing and rejuvenating techniques our SW staff uses each week.
<https://vimeo.com/939148472?share=copy>
- Dr. Dionne M. Hill, LPC-S-SWAMH Practice Manager





Mobile Wellness and Food Bank *Program Highlights*

Dr. Stanley Williams

Mobile Wellness Van

- Community outreach events to reach the medically underserved communities.
- We have partnered with Precincts 1 & 2. We have fostered community trust by having monthly scheduled visits.
- Our staff have provided emotional wellness screenings - PHQ-2 screenings.
- Since August 2023, we have screened 500+ community members – provided follow-up information on how to access our Harris Center services
- CMAs, Community Wellness Ambassadors, and Registered Dietitians providing education to community members.







Additional recent and upcoming larger events outside our Precinct routine events

- “Beads and Boogie Bash”
 - February, 2024
- Department of Public Health Workshop
 - April, 2024
- “Dress Up To Get Down Senior Prom”
 - May, 2024
- Mental Health Awareness Day for CPEP
 - May, 2024
- Future opportunities to collaborate with Precincts 3 & 4

Food Rx Program

*A Non-Medical Driver Strategy Partnership
with Houston Foodbank to Improve Client Wellness*



Food insecurity is linked with less mental health service use in adults with severe mental illness in the USA. However, it is associated with increased use of medical and psychiatric emergency services.



Program Spotlight

Houston Food Bank Video Presentation



Thank you.