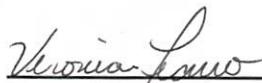


**Program Committee Meeting**

June 20, 2023

11:30 am

- I. DECLARATION OF QUORUM**
- II. PUBLIC COMMENTS**
- III. APPROVAL OF MINUTES**
  - A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, May 16, 2023  
(EXHIBIT P-1)
- IV. REVIEW AND COMMENT**
  - A. Mental Health Services & Treatment at the Harris County Jail  
(EXHIBIT P-2 Keena Pace/Mona Jiles)
- V. EXECUTIVE SESSION – As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.**
- VI. RECONVENE INTO OPEN SESSION**
- VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION**
- VIII. ADJOURN**



Veronica Franco, Board Liaison  
Bonnie Hellums, MED, LMFT, LCDC, AAC, JD Chairperson  
Program Committee  
The Harris Center for Mental Health and IDD  
Board of Trustees



# **EXHIBIT P-1**

**BOARD OF TRUSTEES**  
***The HARRIS CENTER for***  
**Mental Health *and* IDD**  
**PROGRAM COMMITTEE MEETING**  
**TUESDAY, May 16, 2023**  
**MINUTES**

Mrs. B. Hellums, Board of Trustees Chair, called the meeting to order at 11:45 a.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

**RECORD OF ATTENDANCE**

Committee Members in Attendance: Mrs. Bonnie Hellums, Dr. Robin Gearing, Dr. Lois Moore,

Committee Member in Absence:

Other Board Members in Attendance: Mr. S. Zakaria

**1. CALL TO ORDER**

The meeting was called to order at 11:45 a.m.

**2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS**

None

**3. DECLARATION OF QUORUM**

Dr. Gearing declared a quorum of the committee was present.

**4. PUBLIC COMMENTS**

There were no Public Comments.

**5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, April 18, 2023.**

**MOTION BY: MOORE**  
**With unanimous affirmative votes**

**SECOND BY: GEARING**

**BE IT RESOLVED** that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, April 18, 2023 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.



# **EXHIBIT P-2**

# Mental Health Services & Treatment at the Harris County Jail

Presented By: Monalisa Jiles, LPC, LMFT, NCC, LBSW  
Vice President, MH Forensic Division



Transforming Lives



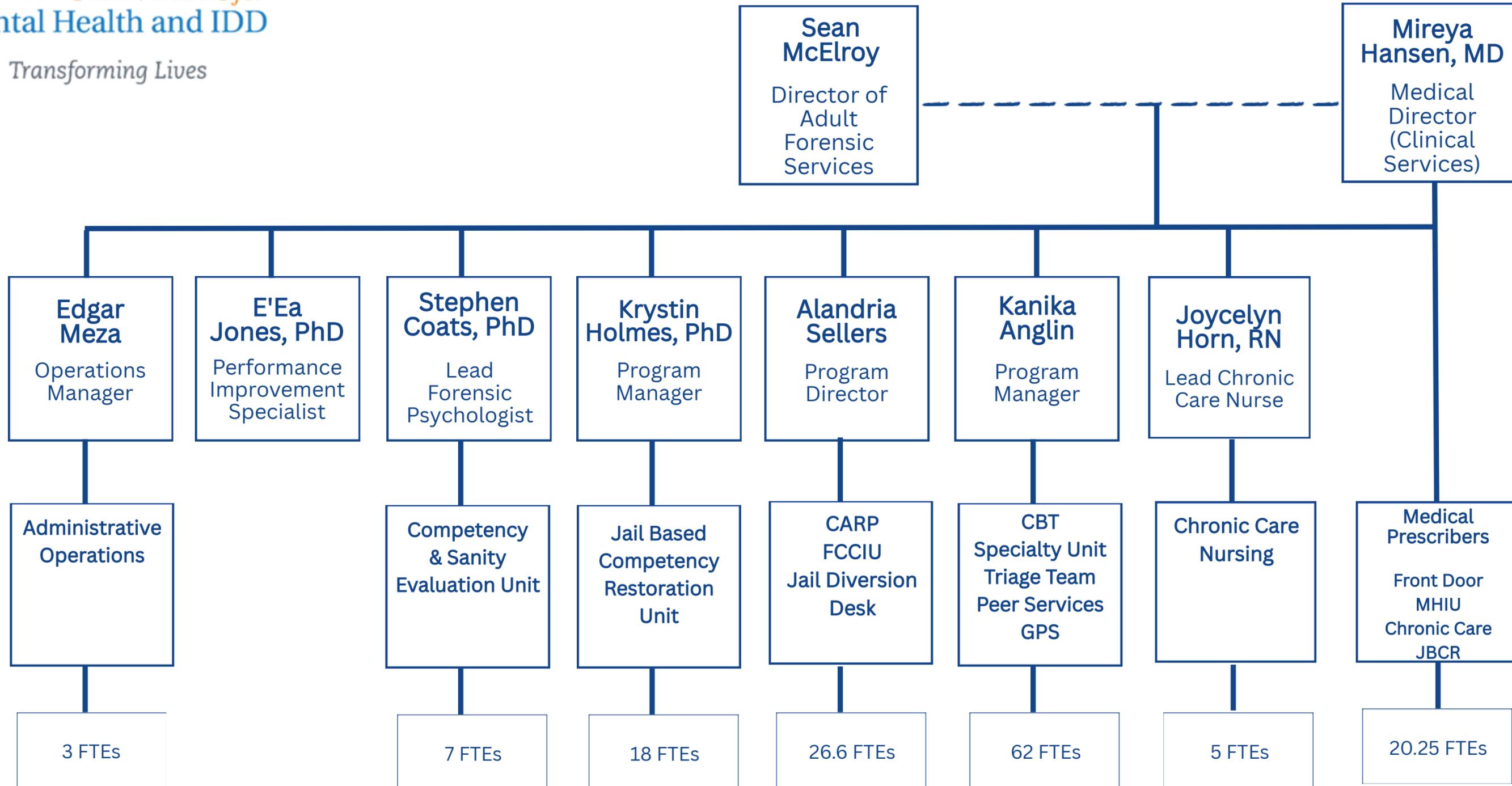
# OVERVIEW OF MENTAL HEALTH SERVICES

- Front Door Clinic/Chronic Care Clinic
- General Population Services (GPS)
- Mental Health Infirmatory Unit (MHIU)
- Mental Health Stepdown/Specialty Programs
- Administrative Separation
- Peer Re-Entry
- Forensic Court Clinical Interview Unit (16.22)
- Jail Diversion Desk
- Community Assessment Resource Program (CARP)
- Jail Based Competency Restoration Program (JBCR)
- Continuous Quality Improvement (CQI)
- Competency/Sanity Unit



**The Harris County Jail is the largest jail in the Nation that is Accredited under the National Commission on Correctional Health Care (NCCHC)**

# ORGANIZATIONAL CHART



**Total FTEs**  
**150.85**

**\*Does not include Relief Staff**

### Program Highlights

**550**

An average of 550 contacts a day (face-to-face or coordination of care) for patients housed within HCSO Jail (701/1200 and JPC)



An average of 3,582 patients on psychotropic medications are monitored each month

Our Providers see an average of 877 new house patients & 507 patients in crisis every month

*Prescriber coverage provided 24/7*



110 new patients admitted to the Mental Health Infirmiry Unit (MHIU) each month (MHIU is an acute unit that is equivalent to inpatient psychiatric hospital)

Responsible for following up with more than 100,000 requests a year for services 24/7 from 701/1200 and JPC



Satisfaction rating of 92% for the last (2) years from the patients we serve in the jail

According to the latest Bureau of Justice Statistics report, suicides were the leading cause of jail deaths between 2000 and 2019. At 49 deaths per 100,000 inmates, suicide was the single leading cause of death for jail inmates in 2019. (Bureau of Justice Statistics)

The HCSO Jail has, unfortunately, had four completed suicides in the last two years. We believe one suicide is too many, and our efforts are to continually improve the identification, treatment, and coordination of care of all our patients to achieve our goal of Zero Suicides.



**4.8 vs 80.4**

The HCSO Jail averaged 4.8 completed suicides, which is significantly lower than average of 80.4 completed suicides as calculated by the Bureau of Justice Statistics.

(300 booked/Day; 75% of those housed X 365 Days=82,125/year)  
(4/164,250 x 200,000=4.8)

## Services Provided

### Programs



**"Front Door Services"**  
located at 1200 Baker St.  
and Joint Processing Center



**Chronic Care Nursing  
Department**

**General Population  
Services**

**Outpatient  
Clinic**

**Mental Health  
Infirmary**



**Mental Health  
Step Down**

**Mental Health  
Specialty Tanks**



**Administrative Separation**

### Contractor/Funding

**Treatment and Discharge Planning Unit**  
Clinical and Discharge Planning Contract – HCSO

**Peer Re-Entry Program**  
Health and Human Services

**Jail Diversion Desk and In Reach Program**  
Health and Human Services

**Competency and Sanity Unit**  
Court Administration

**Forensic Court Clinical Interview Unit**  
Court Administration

**Jail-Based Competency Restoration Program**  
Health and Human Services and Court Administration

**Community Assistance Referral Program**  
Office of Justice and Safety

**Forensic Single Portal**  
Harris Center



# ACCOMPLISHMENTS AND RECOGNITION

## Awards & Service

- **June 2021**
  - The Harris Center and HCSO invited to serve on the Council of State Governments "Knowledge Lab"
- **May 2023**
  - National Association of Counties (NACo) Achievement Award - **JBCR**
- **June 2023**
  - U.S. Department of Justice's Office of Justice Programs' Bureau of Justice Assistance- HCSO Law Enforcement-Mental Health Learning Site

## Presentations

- **October 2022**
  - NCCHC National Conference (JBCR)- Las Vegas, NV
- **November 2022**
  - Texas Judicial Commission on Mental Health (JBCR)- Grapevine, TX
- **May 2023**
  - Behavioral Health Consortium, Invited Panelist (JBCR)- Austin, TX
  - NCCHC Spring Conference (JBCR)- New Orleans, LA
- **June 2023**
  - KUHF Houston Public Media, **Houston Matters**, Invited Speaker (Comp/Sanity) - Houston, TX
- **July 2023**
  - NCCHC Mental Health Conference (JBCR)- Washington, DC



# ACCOMPLISHMENTS AND RECOGNITION

## Program Tours

- **October 2022**
  - Office of Justice and Safety Tour
- **December 2022**
  - Travis County Delegation Tour (Austin, TX)
- **January 2023**
  - Harris County District Attorney's Office Tour
  - Harris County Commissioners Tour
  - National Police Agency (Taiwan) Tour
  - Houston Local News Station Tour
- **February 2023**
  - Disability Rights of Texas (Austin, TX)
- **March 2023**
  - Tri-County Behavioral Health Services
  - Texana Center
  - Gulf Coast Center
- **April 2023**
  - Harris Center Board Members
  - Miami-Dade County Sheriff's Office (Miami, FL)
  - Emergence Health Network (El Paso, TX)
  - Houston Police Department Tour
- **May 2023**
  - ACCESS Center (Anderson & Cherokee County)
  - Travis County Judge's Tour (Austin, TX)





## FRONT DOOR CLINIC

**Prescriber coverage 24 hours per day, 365 days per year**

- Provides timely access to mental health services for patients/inmates at their initial point of incarceration
- Provides psychiatric evaluations, medication maintenance and crisis intervention
- LPHA available to provide additional access to mental health services
- Assist with jail housing assignments

## FRONT DOOR CLINIC & CHRONIC CARE CLINIC

### CHRONIC CARE CLINIC

**Chronic Care Clinic available 5 days a week, 16 hours per day:**

- RN staff provide ongoing medication monitoring at least every 120 days
- All RN assessments are staffed with a Psychiatrist
- The Psychiatrist is able to make adjustments as necessary or recommend prescriber follow-up
- The program was modified to include (3) Advanced Practice Registered Nursing staff (Prescribers)



**MIREYA HANSEN, MD**  
Medical Director, Adult Forensics



## MENTAL HEALTH INFIRMARY UNIT (MHIU)

The MHIU consists of 108 beds, divided into 2 units

- **Provides inpatient psychiatric treatment similar to psychiatric hospital for inmates in crisis and/or psychiatric instability**
- **Services include: psychiatric evaluations, medications management, substance abuse counseling, individual and group counseling and discharge planning**
- **Clinical Case Management**
- **Staffing consists of:**
  - 24/7 Nursing and Psychiatric Technician coverage provided by Harris Health
  - 8hrs per day-7 days a week psychiatrists/prescribers and clinical case management coverage provided by The Harris Center





# GENERAL POPULATION SERVICES (GPS)

**LPHAs, LPHA Interns and Qualified Mental Health Professionals (QMHP) available 7 days a week, 13 hours per day for:**

- Triage and review all requests for services via:
  - Inmate Kiosks
  - Security Referrals
  - Care Concerns
  - Court/Attorney Requests
- Respond to mental health crises in general population
- Conduct intake assessments
- Brief Supportive Counseling
- Group counseling
- Monitor the mental health status of inmates in administrative separation

- Respond to all Requests for Service and Referrals for HCSO Jail Census
  - Approx. 10,500 individuals
  - Approx. 125 requests per day
- Spans three jail facilities
- HCSO Jail Services operates under NCCHC Accreditation

**KANIKA ANGLIN, LPC-S, NCC, CCHP**  
Program Manager, Adult Forensics





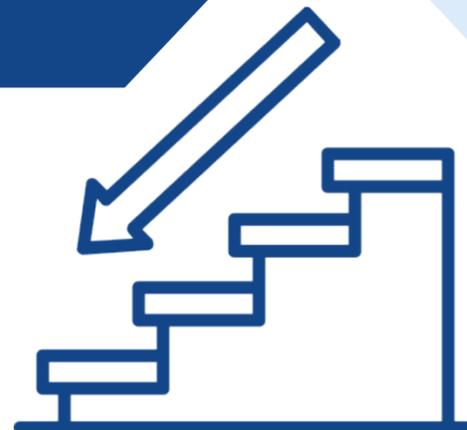
# MENTAL HEALTH STEPDOWN & SPECIALTY PROGRAMS

## Mental Health Stepdown/Specialty - 698 beds

- Housing for those patients unable to successfully reside in general population
- Specialty Units such as CBT and Harris County Jail Diversion
- 24/7 coverage provided by HCSO MHU deputies who have received additional specialized mental health training
- Services include:
  - substance abuse counseling
  - individual and group counseling
  - discharge planning

## CASE MANAGEMENT SERVICES ARE PROVIDED FOR:

- Patients receiving The Harris Center community services prior to incarceration
- Patients returning from the state hospitals
- Patients waiting to go to the state hospitals
- Linkage to community resources for those who don't meet The Harris Center eligibility criteria



# COGNITIVE BEHAVIORAL THERAPY PROGRAM

## CBT Program Overview

20-bed program for males and a 20-bed program for females

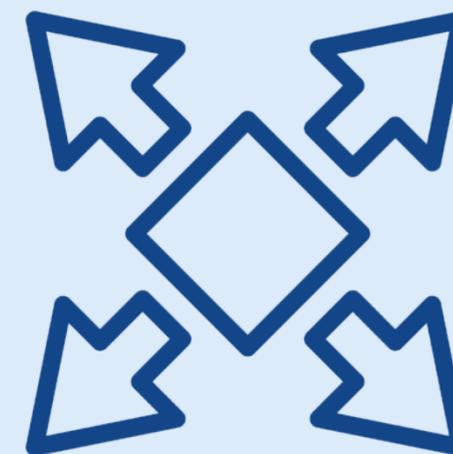
- Length of stay in CBT is on average 20 weeks
- Participation is voluntary
- Goals:
  - Assist patients in changing maladaptive thinking patterns resulting in prosocial behaviors and positive thinking
  - Increase effective coping skills





## ADMINISTRATIVE SEPARATION

- Individuals determined by HCSO to require special housing due to charge, criminal history, and additional data
- Up to 23 hours locked in a single cell
- The Harris Center sees each individual twice a week – regardless of mental health diagnosis – exceeding the NCCHC requirement
- Individual counseling is provided as needed
- The Harris Center advocates for housing change if separation impacts mental health



# PEER RE-ENTRY PROGRAM

## Overview

- Funding awarded by Texas Health and Human Services Commission (HHSC)
- Six (6) peers to provide jail in-reach services
- > 30 days prior to release
- Continued peer services upon release from jail and will continue with clients into the community ensuring a warm handoff

\*Two additional peer staff in the clinical programs funded by HCSO

\*Two additional peer staff in the JBCR Program





1200 Baker, 701 Jail, 1307 Little Baker, JPC

## FORENSIC CLINICAL COURT INTERVIEW UNIT (16.22)

- **Funded by Harris County Court Administration**
- **16.22-Early Identification of Defendants Suspected of Having a Mental Illness or Intellectual Disability**
  - **If there is a reasonable cause to believe that a defendant has a mental illness or is a person with intellectual disability the Magistrate shall order the LMHA to collect information**
  - **The LMHA is to provide the Magistrate with the required information within 96 hours after the order is signed, if the patient remains in custody**
  - **The LMHA is to provide the Magistrate with the required information within 30 days after the order is signed, if the patient is in the community**





# JAIL DIVERSION DESK

- **Harris Center Staff operate the Jail Diversion Desk 24 hours a day, 7 days a week**
- **Harris Center Staff identifies and engages patients that are arrested with low-level misdemeanors and are flagged with a mental health indicator on their Continuity of Care Query (CCQ)**
  - The arresting agency is educated on the diversion process
  - The case is staffed with a District Attorney on site (or via zoom from 4pm – 8am) to drop the arresting charges
    - Process began 6/5/2023
  - The individual is diverted to The Harris Center’s Respite, Rehab, and Reentry Center (6160)
- **Harris Center Staff operate a law enforcement hotline, providing assessment by phone, staffed with the DA if appropriate, and the officer can divert in the field**





## COMMUNITY ASSISTANCE RESOURCE PROGRAM (CARP)

- **Goal of the Community Assistance Referral Program -**
  - **To help mitigate non-court appearances and reduce recidivism for individuals released on a General Order or Personal Recognizant Bond**
- **The Harris Center Staff is tasked with identifying and engaging inmates being released on a GOB or PR bond**
- **Engagement involves a needs assessment to provide linkage to community support**
- **Referrals are made for:**
  - **Clothing, Employment help, SSI benefits, Mental Health services with the Harris Center, Medical (Gold Card), and Housing (vouchers and/or shelter).**
- **Staff will also provide phone call reminders to released defendants before their scheduled court appointment to help mitigate non-court appearances. METRO Bus passes are given to those in need of transportation to and from court.**
- **The Harris Center staff are on track to engage 8,000 defendants this year.**
- **Funding provided by Office of Justice and Safety**





# JAIL BASED COMPETENCY RESTORATION PROGRAM (JBCR)

## JBCR Program Components

- Serves up to 50 patients awaiting competency restoration services on the State Hospital Waitlist
- Services include, but are not limited to:
  - Competency Restoration Education Services
  - Mental Health Services
  - Individual & Group Therapy
  - Trauma Informed Care
  - Psychotropic Medications
  - Co-Occurring Psychiatric and Substance Use Disorder Services
  - Discharge Planning
- Treatment is commensurate with competency restoration services provided at a State Hospital or an inpatient mental health facility

## PROGRAM METRICS

- **Restoration Rate**
  - FTYD: 87%
- **Charge Types**
  - Felony: 87%
  - Misdemeanor: 13%
- **Average Length of Stay (ALOS)**
  - 62 days



## Program Expansion & Next Steps

- Program expanded from 20 beds to 50 beds in Spring 2023
- Added a 20-bed Stepdown Unit to maintain competency following restoration in JBCR
- Funded by HHSC and Harris County Office of Justice & Safety (ARPA)
- Develop and Implement a Regional Pilot Program to assist other counties in the development of a JBCR
- Community Mental Health Arts Project



## JAIL BASED COMPETENCY RESTORATION PROGRAM (JBCR)



# CONTINUOUS QUALITY IMPROVEMENT PROJECTS

## CQI PROJECT INITIATIVES (FY 2023)

- 120-Day Appointment Follow-Up
- Chronic Care Clinic Prescriber Productivity
- Front Door Prescriber Productivity

- Competency/Sanity – review of data collection to improve efficiency
- Zero Suicide - ongoing project with HCSO



MIREYA HANSEN, MD  
Medical Director, Adult Forensics

 **1200 Baker**

## COMPETENCY & SANITY EVALUATION UNIT

- Process all Evaluation Orders received from the courts
- Evaluations conducted in Harris County Jail, or off-site at 49 San Jacinto for those defendants released on bond
- Provide Competency Evaluations to determine competency status of defendants to stand trial
- Provide Sanity Evaluations to determine mental state of defendant at the time of the alleged offense



**STEVEN COATS, PHD**

**Lead Psychologist, Competency & Sanity Evaluation Unit**



# COLLABORATIVE COMMUNITY PARTNERSHIPS

- Dunn Behavioral Sciences Center & Harris County Psychiatric Center (HCPC)
- Harris County Criminal Courts at Law
- Harris County District Attorney's Office
- Harris County District Clerk's Office
- Harris County District Courts
- Harris County Public Defender's Office
- Harris County Sheriff's Office (HCSO)
- Local Defense Attorneys
- Office of Justice & Safety (OJS)
- Texas Correctional Office on Offenders with Medical and Mental Impairments (TCOOMMI)
- Texas Health and Human Services Commission

**In collaboration with our community partners, The Harris Center remains committed to serving justice involved individuals and their mental health needs.**

**Innovation, commitment to community, and service are the cornerstone of our community partnerships.**



# KEY PERSONNEL CONTACTS



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