

The Harris Center for Mental Health and IDD 9401 Southwest Freeway Houston, TX 77074 Board Room #109

Program Committee Meeting April 18, 2023 11:30 am

- I. DECLARATION OF QUORUM
- II. PUBLIC COMMENTS
- III. APPROVAL OF MINUTES
 - A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, February 21, 2023 (EXHIBIT P-1)
- IV. REVIEW AND COMMENT
 - A. IDD Services Division Update (EXHIBIT P-2 Evanthe Collins)
 - B. Behavioral Health Services Mid Year-Update (EXHIBIT P-3 Keena Pace/Lance Britt)
- V. EXECUTIVE SESSION As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.
- VI. RECONVENE INTO OPEN SESSION
- VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION

VIII. ADJOURN

Veronica Franco, Board Liaison

Bonnie Hellums, MED, LMFT, LCDC, AAC, JD Chairperson

Program Committee

The Harris Center for Mental Health and IDD

Board of Trustees

EXHIBIT P-1

BOARD OF TRUSTEES The HARRIS CENTER for Mental Health and IDD PROGRAM COMMITTEE MEETING TUESDAY, FEBRUARY 21, 2023 MINUTES

Mrs. Bonnie Hellums, Board of Trustees Chair, called the meeting to order at 11:45 a.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Mrs. Bonnie Hellums, Dr. Robin Gearing, Dr. Lois Moore, Dr. M. Miller (videoconference) Mr. S. Zakaria,

Committee Member in Absence: J. Lykes, Mrs. N. Hurtado

Other Board Members in Attendance: Dr. G. Santos

1. CALL TO ORDER

The meeting was called to order at 11:45 a.m.

2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS

Mrs. Bonnie Hellums designated Dr. G. Santos as a voting member of the committee.

2. DECLARATION OF QUORUM

Mrs. Hellums declared a quorum of the committee was present.

3. PUBLIC COMMENTS

There were no Public Comments.

4. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, January 17, 2023.

MOTION BY: MOORE SECOND BY: ZAKARIA

With unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, January 17, 2023 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

5. REVIEW AND TAKE ACTION

A. Application for Beverly Lively to serve on Pasadena Cottages Board

Board of Trustees Program Committee Meeting (1/17/2023) MINUTES Page 1 of 2 MOTION BY: SANTOS SECOND BY: ZAKARIA

With unanimous affirmative votes

BE IT RESOLVED Application for Beverly Lively to serve on Pasadena Cottages Board under Exhibit P-4, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

- **A.** Comprehensive Psychiatric Emergency Program (CPEP) Quarterly Report- Kim Kornmayer and Dr. Amber Pastusek presented to the Program Committee.
- **B. Jail Based Competency Restoration Expansion (JBCR)-** Mona Jiles and Krystin Holmes presented to the Program Committee.

7. EXECUTIVE SESSION

There was no Executive Session during the Program Committee Meeting.

8. ADJOURN

MOTION: ZAKARIA SECOND: SANTOS

There being no further business, the meeting adjourned at 12:32 pm.

Veronica Franco, Board Liaison
Bonnie Hellums, Chairman
Program Committee
THE HARRIS CENTER for Mental Health and IDD
Board of Trustees

EXHIBIT P-2





IDD SERVICES DIVISION UPDATE

October 2022 – March 2023





IMPORTANT TO KNOW

- Contract requirement (recoupment & sanctions)
- HHSC target: 854. Internal target is 105%: 897
- FY23 YTD Q2 achievement
 - Last achievement of quarterly target: FY21 Q1
- FY23 YTD 5 months achievement
 - Last achievement of 5 months: FY20
- If we achieve target in FY23 Q2/Q3/Q4 last achieved FY15

Achieved Outcomes (Oct '22 – Mar '23)

*Indicates new initiatives

*Free Monthly IDD Learning

- Virtual & In-Person
- Social Security, Guardianship, Dating & Relationships, Computers 101,
 Photography, Yoga & Meditation

*IDD Peer Navigators (2 FTEs)

 Co-facilitate autism groups, teach specialized courses, social media content, de-stigmatize

*HBCU & Local University Outreach

Texas Southern University, Houston
 Community College, North American
 University

*Approved Volunteer Policy

 Pipeline to educate students, increase exposure/experience with IDD, develop next generation workforce

*IDD Apprenticeship Program

- 12 IDD individuals
- 22 weeks independent living and soft skills curriculum
- 20 week paid vocational onsite apprenticeship
- HHSC fully-funded/\$222K

*Eligibility Intake Packet 1.0

 Eliminated manual completion of 30page application. Online process

Texas Council: Local Authority Workgroup

*Awareness & Acceptance Celebrations

- March Disability
- April Autism

*IDD Step-Down Program

- Adults/IDD/Co-occurring disorders
- Recent discharge from institutional level of care or community deterioration
- IDD Crisis Team therapeutic interventions
- Southmore/CRU location

Weekend DID Clinic

— March 18th & 25th / twice per month

Acquisition of Grants

Grants: Coffeehouse Co-Op: \$35,000

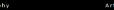




































Grants: STARS Clinic: \$24,235















Goal 2: to use evidence based techniques to enhance the generalizability of therapy such that long term treatment efficacy is achieved







Goal 3: to become a preferred research and training site for practicum students interested in serving those with IDD and/or ASD



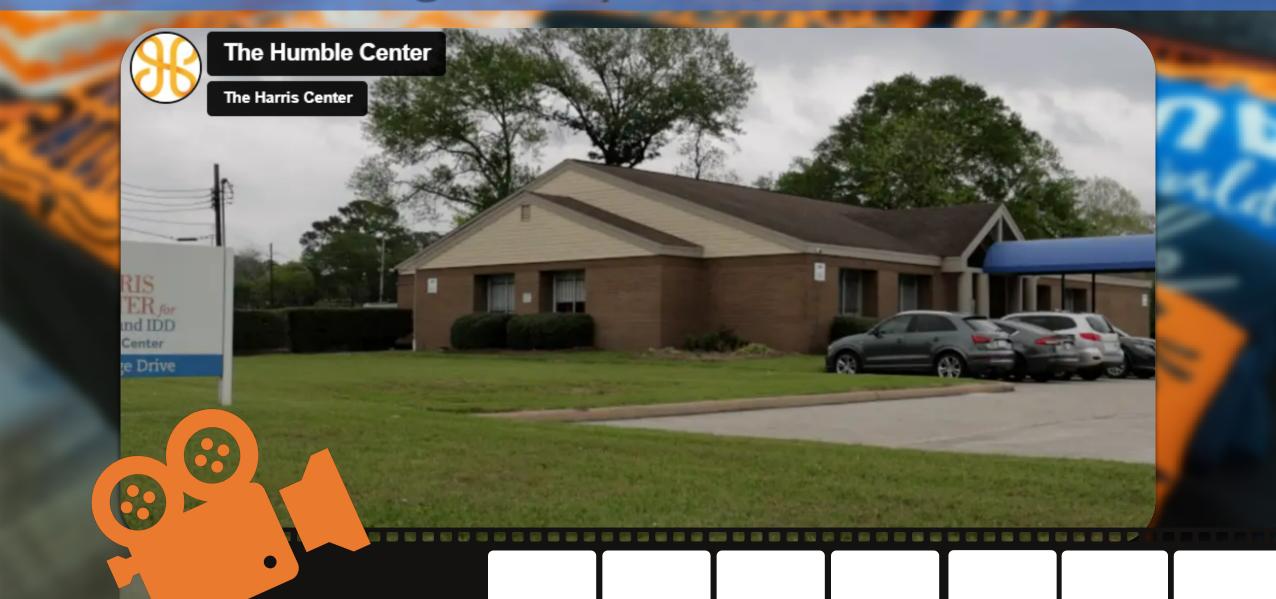








Grants: Meaningful Day: \$19,252



2023 Grants

Project H.E.A.L.

(Healing through Entrepreneurship, Arts, & Leadership)

\$40,800

Utilizes Applied
Behavior Analysis
(ABA) and art to
increase effective
coping skills

\$30,000

Provides ABA caregiver training

Creates autism sensory appropriate waiting room

PBS – Positive Behavioral Supports

\$33,472

Refurbishes IDD group homes

Projected Outcomes

*IDD Step-Down: Adolescents/Youth

- Parallel to adult program for youth
- Consolidate ICF-IID and repurpose facility

Outpatient IDD/Co-Occurring Program

- Compliments the inpatient step-down model
- Previously ADAPT Program

IDD Orientation

- Quarterly
- Required for all new/transferred IDD staff
- Create an empathetic, elite and competent workforce

*Intake Packet 2.0

- Eliminates the need to email prior diagnostic information
- Includes the ability to complete and submit consent forms with the application

*Pet Therapy

IDD day habilitation sites/group therapy



*Summer Community Supports Program

- 13–17-year-olds
- 4 days per week/4 hrs per day
- Prevent remission of activities of daily living (ADLs) during summer months of inactivity
- If successful, will continue with quarterly 'Parent's Day Out' during school year

*Back-to-School Resource Event

- August 2023
- Vendors/presentations
- IDD 2024 Calendar

Mobile/Telehealth DID Expansion

- Reduce no-show rate
- Address mobility issues

APRIL IS

AUTISM AWARENESS



MONTU

IDD's Greatest Need in Board Support

ACCESS TO PSYCHIATRIC CARE

Harris County Psychiatric Center (HCPC)

Ages 3+ (3 on a case-by-case basis)

If 1 on 1 staffing is required, it usually takes longer to be admitted

Medical Behavioral Hospital of Clear Lake

Adult only- ages 18+



STATE OF TEXAS OFFICE OF THE GOVERNOR

An estimated 480,000 Texans have a developmental disability. These children and adults—
like all Texans—strive to be self-sufficient, to work and earn a living, to practice their faith, to interact with peers, and to contribute to their community. Although people with developmental disabilities face obstacles that their peers do not, no condition can reduce the dignity and worth they possess by virtue of their humanity. Moreover, their talent, perspective, and experiences bolster our state's rich diversity, and these Texans have long made the Lone Star State a better, brighter place.

Texas is stronger when all her citizens are fully integrated into their communities. To this end, when students with developmental disabilities are included in classroom settings outside of special education, they are more likely to achieve their full academic potential, and when adults with disabilities are given opportunities in our workforce, they are able to earn a competitive wage, work as part of a team, and support their local economy. This spirit of inclusion brings with it benefits at the societal, community, and individual levels, and it enables people with developmental disabilities to lead longer, healthier lives, engage more fully with the world around them, and give back to others.

Each year, the month of March is set aside in order to raise awareness about developmental disabilities and to highlight the importance of including people of all abilities in every aspect of community life. During this month, concerned citizens, civic groups, and government entities labor in common cause to remind all Texans that classrooms, workplaces, churches, and communities are stronger when they include all people—regardless of their ability status.

At this time, I encourage Texans to educate themselves about developmental disabilities and to support full inclusion by any means possible. As we work together to build the Texas of tomorrow, we must always cherish the time-honored value of liberty and justice for all.

Therefore, I, Greg Abbott, Governor of Texas, do hereby proclaim March 2023 to be

Developmental Disabilities Awareness Month



in Texas and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 17th day of February, 2023.

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EXHIBIT P-3

Behavioral Health Services

Program Committee Mid-Year Update

Presented By: Lance Britt, MHA, LPC, FACHE, Vice President – Behavioral Health Services

Behavioral Health Services

Adult Mental Health (AMH)

NW, NE, SE, SW clinics

Early Onset (EO)

New Start

Assisted Outpatient Treatment (AOT)

Assertive Community Treatment (ACT)

Children and Adolescent Services (CAS)

SW, SE, Airline clinics

Co-Locations

NE Youth and Wellness

Community Unit Probation Services/Juvenile Justice (CUPS/JJ)

Early Childhood Intervention (ECI)

YES Waiver

Peer services

Integrated Care

PCP Services

Optum

Mobile Wellness (coming soon)

Continuity of Care (COC)

HCPC/West Oaks contracted beds

State Hospital

Forensic Single Portal/Court services

Community referrals

Utilization Management

Special Projects

LCDC clinic services

Outreach Screening Assessment and Referral (OSAR)

Housing

Employment

HCBS screening

Business Office

Front Desk Services

Insurance Verification

Financial services

Central Business Office

SSI Outreach Access and Recovery (SOAR)

Translation Services

Behavioral Health Services



t 428

Note: percentages are comparing 2022 to 2023

LCDC 412

Projects

(+5%)

Housing 153

Accomplishments



- Initiated planning meetings for new NE building design
- Launched Engaged in Excellence recognition program
- Initiated multiple new access points including Memorial Hermann, Ibn Sina, Precinct 1, and the Smartpod in Precinct 2
- AOT was spotlighted and presented at October National Conference
- Helped to launch Risk Assessment tool
- MyChart push initiated



- Peers awarded new Youth led wellness grant
- New provider hired for Airline
- Five community outreach events
- Initiated no show survey to increase show rate
- Intake LPHA redesign to improve access

Accomplishments

COC

- Expanded coordination at HCPC Dunn Center with 4 restoration competency and 2 civil/private units
- TANF ended successfully with all funds distributed
- Pilot project to increase access for clients at CRU

Business Office

- CBO SOAR certified
- BO retrained in customer service
- Implemented process for identifying Charity Care cases

Integrated Care

- Development of mobile van concept with community partners
- Completed client vaccine project

Special Projects

- New multipurpose room on SW 3rd floor
- Provided housing assistance to 138 clients
- SUD Care Pathway collabortion

Program Spotlight: Clinician Advancement Program

- Fully licensed LPHAs provided training to become Board recognized Supervisors
- 25 Supervisors across Divisions

Internal LPHA Supervisors

Enroll MLCs

- Current MLCs offered free supervision (29 currently enrolled)
- LPC, LCSW, LMFT Interns and Associates are eligible

- Graduates agree to two years in an LPHA role
- Plan to have graduates market program to Universities

Graduates fill current LPHA vacancies

Thank you.