

**June 2022**

**FEATURED NEWS**



## **Deployment to Uvalde, TX to Assist Hill Country LHMA**

We were honored to send a team from The Harris Center to Uvalde, TX. We helped assist Hill Country LMHA by completing over 30 intake assessments for individuals needing mental health services and individuals directly impacted by the recent tragic events.

In the community we spent several hours networking and spreading the word about mental health resources available. We attended a Wellness and Resource Fair at the local college and connected with over 120 individuals affected by the school shooting. We attended high school football and basketball practices, interacted with restaurant owners, attended a school board meeting and offered daily groups to the community. Our team members also collaborated with other providers at the Family Resiliency Center to brainstorm ideas for expansion of mental health services in Uvalde, TX.



## **Rockwell Fund Grant**

This month, The Harris Center was awarded a \$55,000 grant from the Rockwell Fund. The funds will be allotted to the Houston Mobile Health and Wellness Clinic that will allow us to expand care and continue to transform the lives of those with mental health and IDD needs.



When we look  
**#BeyondTheNumbers,**  
we find that mental  
health conditions do  
not discriminate.

This **BIPOC Mental Health  
Month,** check in on your  
mental health by taking  
an online screening:  
**[mhascreening.org](https://mhascreening.org)**



## **July is Minority Mental Health Awareness Month**

National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. The COVID-19 pandemic has made it harder for racial and ethnic minority groups to get access to mental health and substance-use treatment services.

[Learn More](#)



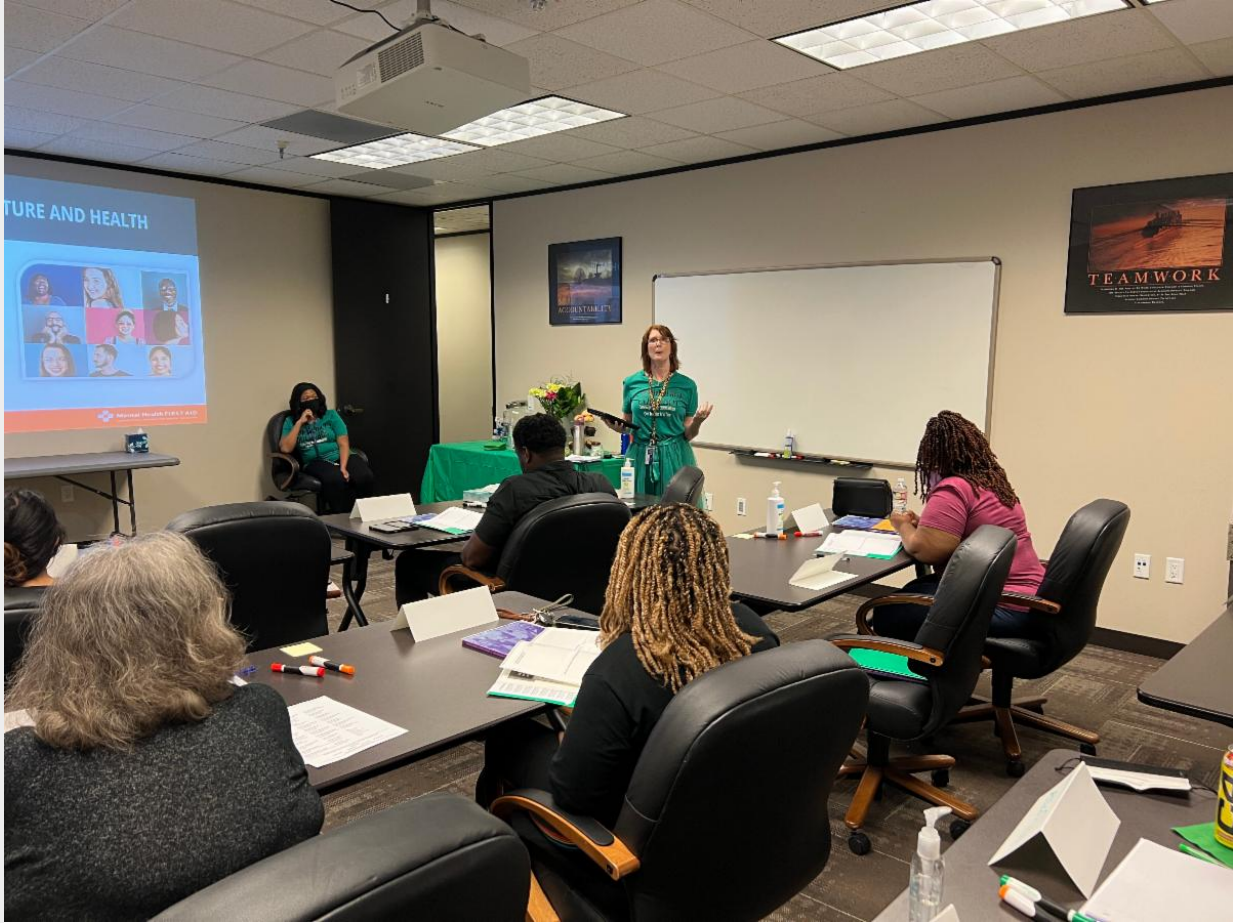
## **New Toolkit Helps Prepare Young Adults with IDD for an Emergency**

The National Alliance to Advance Adolescent Health, supported by the WITH Foundation, developed an Emergency Preparedness Toolkit for Young Adults with IDD and their Primary Care Team.

The toolkit includes two tip sheets to assist young adults with IDD, their support persons, and their primary care teams to plan for disasters and emergencies, and is available in English and Spanish.

[\*\*Learn More\*\*](#)

### **PROGRAM SPOTLIGHTS**



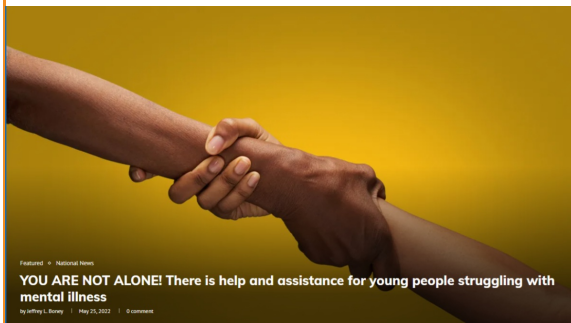
## Healthy Minds, Healthy Communities

Healthy Minds, Healthy Communities is a community-based initiative whose mission is to equip individual community members, community groups and leaders, and community-based organizations with the tools and training to support each other's emotional health leading to increased resiliency and community wide emotional wellness.

[Watch the Video](#)

### IN THE MEDIA

*Forward Times*



Featured in National News  
**YOU ARE NOT ALONE! There is help and assistance for young people struggling with mental illness**  
By @May's Story | May 25, 2022 | 0 comment

**[YOU ARE NOT ALONE! There is help and assistance for young people struggling with mental illness](#)**

May 25, 2022

Dr. Beal states that addressing mental illness is critical and wants the community to know that there are several resources that young people and parents can turn to for help.

*Office of the Texas Governor*

**[Governor Abbott Continues State Agency Response, Relief Efforts For Uvalde Community](#)**

June 16, 2022



Hill Country MHDD and the Harris Center for Mental Health and Intellectual and Developmental Disabilities operates the dedicated mental health support hotline for Uvalde residents. Since May 27, the hotline has answered almost 300 calls.

## MORE INFORMATION

Do you want to learn more about The Harris Center?

Visit our website to learn more about our programs and services or view our [FY2022-2024 Strategic Plan](#) to see how we're working to transform lives in Harris County and beyond.

[Visit The Harris Center's Website](#)

**Questions?** Contact [Communications@TheHarrisCenter.org](mailto:Communications@TheHarrisCenter.org).

