The Harris Center has partnered with Optum Integrated Behavioral Health Home to bring clients personalized care services. This cost-free service is designed to help clients reach health-related goals, providing access to health coaching, healthcare screenings, transportation to and from your scheduled healthcare visits and so much more. Our whole-person approach will help clients achieve positive outcomes in both their physical and mental health.

We are accessible
You can reach us in multiple ways: by phone, fax, mail or online via our secured patient-portal.

- Daytime phone numbers
- After-hour -messaging for next day follow-up

Did you know?
What makes us unique is our team-based care and our ability to listen to you, and other care providers, to improve your emotional and physical well-being.

Contact
24-hour Line: 713-970-3095
Call today schedule an appointment or to speak with a health coach or nurse.
Email us at HealthHome@TheHarrisCenter.org

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We provide a safe and healthy healthcare environment, partner with you in making your healthcare decisions, and coordinate with you, your authorized representatives, and other healthcare providers.

We provide:
- Health Coaching – for health conditions
- Self-Care Management Support
- Health resources including a health app
- Preventive care
- Tailored care – help scheduling appointment and medication reminders
- Support and coordination of other social needs – employment, housing, transportation, social isolation

Did you know?
You can prolong your life and lower the cost of your healthcare by taking control of your health.

We can help you, along with your providers, to take control and improve your overall health and well-being.