

Specialized Therapies: Nutritional Counseling

Exhibit B4

SERVICE DESCRIPTION	Nutritional counseling assists the participant in meeting basic and/or special therapeutic nutritional needs, including, but not limited to, counseling in nutrition principles, dietary plans, and food selection and economics.
PROVIDER QUALIFICATIONS	<p>Nutritional counseling must be provided by a person who is a registered, licensed, or provisionally licensed dietitian by the Texas Board of Examiners.</p> <p>Licensed professionals, with documented training and experience relative to the specific service, may include a: clinical social worker; professional counselor; marriage and family therapist; registered nurse; vocational nurse; physical therapist; occupational therapist; or dietitian.</p>
WRAPAROUND PLAN	<p>The Wraparound Plan must describe:</p> <ol style="list-style-type: none">1. The skills training that will be provided to participant, as they relate to achieving the participant's identified goal(s);2. The strategies and/or action steps that will be used to assist the participant in achieving the identified goal(s); and3. The type, scope, and duration of the service.
PROGRESS NOTES	<p>Progress notes are required for the provision of art therapy services and must include:</p> <ol style="list-style-type: none">1. Participant name;2. Date of contact with the participant;3. Start and stop time of contact with the participant;4. Service name and description;5. Service location;6. Wraparound plan objective(s) that was the focus of the service;7. Participant response to nutritional counseling being provided;8. Progress or lack of progress in achieving Wraparound Plan goals; and9. Direct service provider's signature and credentials.
PROVISION OF SERVICE DOCUMENTATION	The provider must document the provision of nutritional counseling by maintaining up-to-date progress notes, which will be reviewed by the Department of State Health Services.

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PROGRAM TRAINING	Prior to providing Waiver services and/or participating on a Child and Family Team, a nutritional counselor must receive program training in accordance with PROGRAM TRAINING REQUIREMENTS, policy 2200.2 or 2300.2 of this manual, as applicable.
BILLING	Information regarding unit designation, payment rate, and required documentation for submitting a claim for nutritional counseling is detailed in BILLING, SPECIALIZED THERAPIES, policy 2600.20 of this manual.

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