Our Mission
It is the mission of the Comprehensive Psychiatric Emergency Program (CPEP) of the The Harris Center for Mental Health and IDD to promptly and accurately assess and evaluate consumers in Harris County experiencing a mental health crisis. The CPEP will utilize the least restrictive means of stabilizing and treating consumers so as to maximize social, occupational, familial and educational functioning, return consumers to their homes, and when necessary, make referrals to outpatient treatment programs. Stabilization at the CPEP will enhance the opportunity for consumers to avoid unnecessary inpatient hospitalization or incarceration.

Our Values
The Comprehensive Psychiatric Emergency Program has adopted the following values as being central to the completion of our mission:

• Integrity
• Accountability
• Consumer-driven care
• Quality
• Efficiency

Our Vision
By offering accessible, prompt, high quality assessments, and efficient and effective stabilization and treatment, CPEP staff will provide a means to assess and provide treatment for those in crises in a timely manner, ensuring de-escalation of the current crisis and a restoration of functioning in a least restrictive environment. This results in an improvement in the quality of life for consumers of mental health services, and also reduces costs to the community by reducing hospitalizations and incarceration in jail.

Rights Protection Offices
If you feel you have been unfairly treated, have been denied needed services or accommodation by The Harris Center for Mental Health and IDD (The Harris Center), or if you are unable to resolve a complaint regarding services with an employee of The Harris Center or their supervisor, you may contact the following Rights Protection Offices:

The Harris Center for Mental Health and IDD
Rights Protection Officer
9401 Southwest Freeway
Houston, Texas 77074
713-970-7742
Accessible 24/7

Texas Health and Human Services
Civil Rights Office
701 W. 51st Street
Mail Code W206
Austin, Texas 78751
1-888-388-6332
HHSCivilRightsOffice@hhsc.state.tx.us

Disability Rights Texas
1500 McGowen St.
Houston, Texas 77004
713-974-7691
1-800-252-9108

Individuals with hearing impairment or loss may call any of the offices above using the free service of Relay Texas at 1-800-735-2989.

All complaints are handled confidentially.
CPEP Programs

Support

Interim Care Clinic (ICC) – Provides a one-time interim psychiatric assessment and psychotropic medication support for adult individuals with a psychiatric diagnosis who do not have a psychiatric outpatient clinic or provider, or have experienced a disruption in their outpatient treatment.

Emergency & Residential Programs

Psychiatric Emergency Services (PES) – Emergency unit that provides assessment, medication, stabilization, and linkages for individuals experiencing psychiatric crises who may come voluntarily or be brought involuntarily by law enforcement officers. The PES operates 24 hours a day, seven days a week out of the Neuropsychiatric Center in Houston’s Medical District.

Crisis Stabilization Unit (CSU) – Voluntary inpatient stabilization unit for adults experiencing a mental health crisis. Average length of stay is three to five days.

Harris County Mental Health Jail Diversion Program
This voluntary program serves as a one-stop shop for law enforcement to divert persons with mental illness who have been picked up for low-level, non-violent offenses, such as trespass.

Crisis Residential Unit (CRU) at Caroline and Southmore
Short-term residential alternative to hospitalization, mental health program providing medication, psychotherapy and intensive psychosocial rehabilitation to promote re-entry into the community. Stays last an average of seven to 14 days. Individuals participate in 5-6 groups per day in the following areas: problem solving, communication, life skills, chemical dependency education, cognitive behavioral interventions, acceptance and commitment therapy techniques, anger management and trauma informed care. Residents are also eligible to receive individual therapy.

Collaborations with Law Enforcement

Homeless Outreach Team (HOT) – A partnership between The Houston Police Department and The Harris Center, HOT personnel assist homeless persons in the community by performing outreach services such as connecting them with social services to obtain housing, medical treatment, employment, and governmental services.

Chronic Consumer Stabilization Initiative (CCSI)
Intensive field-based care coordination services for individuals experiencing mental illness who have had multiple encounters with law enforcement.

Crisis Intervention Response Team (CIRT)
Experienced law enforcement officers certified in crisis intervention training partner with licensed master-level clinicians from The Harris Center to respond to law enforcement calls involving individuals experiencing a mental illness crisis. Operates in partnership with Houston Police Department and the Harris County Sheriff’s Office.

Homeless & Field-Based Programs

Projects for Assistance in Transition from Homelessness (PATH) – Provides clinical and non-clinical services to individuals who are both homeless and have a mental illness.

Community Treatment Initiative (CTI) – Intensive field-based care coordination services for homeless individuals who are experiencing a mental illness, as they transition from the streets, shelters, psychiatric hospitals or criminal justice system into the community. Provides 90 days of intensive care coordination with up to 30 days of housing.

Co-Occurring Disorders (COD) – Provides up to three months of residential treatment and intensive care coordination for consumers with co-occurring mental illness and substance abuse at various treatment centers in the community.

Mobile Crisis Outreach Team (MCOT) – Field-based crisis intervention services provided to voluntary consumers in the community experiencing a mental health crisis. Services provided by an interdisciplinary team of mental health professionals.

The P.E.E.R.S for Hope House
A one-of-its kind facility in Texas, this voluntary residential program provides Person-centered, Engaging, Empowering, and Recovery-oriented Support to guests in crisis who might otherwise be faced with traditional psychiatric hospitalizations. Focused on wellness and recovery, services are provided in a supportive, non-judgmental setting by Peer Staff who have lived experience in recovery from mental illness.

Hospital-Related Service

Harris County Psychiatric Intervention – Assessments for individuals seeking voluntary admission to the Harris County Psychiatric Intervention (HCPI) and to those seeking involuntary admission to Harris County Psychiatric Center (UTHCPC) for another individual who is also underinsured and indigent.

Acute Inpatient Hospitalization – Inpatient services for individuals who need crisis stabilization. A contract with the University of Texas Harris County Psychiatric Center (UTHCPC) designates up to 165 beds for use by The Harris Center consumers.