



The Harris Center has partnered with Optum Integrated Behavioral Health Home to bring clients personalized care services. This cost-free service is designed to help clients reach health-related goals, providing access to health coaching, healthcare screenings, transportation to and from your scheduled healthcare visits and so much more. Our whole-person approach will help clients achieve positive outcomes in both their physical and mental health.



We are accessible

You can reach us in multiple ways: by phone, fax, mail or online via our secured patient-portal.

- Daytime phone numbers
- After-hour –messaging for next day follow-up

Did you know?

What makes us unique is our team-based care and our ability to listen to you, and other care providers, to improve your emotional and physical well-being.



Contact

24-hour Line: 713-970-3095
Call today schedule an appointment or to speak with a health coach or nurse.

Email us at HealthHome@TheHarrisCenter.org

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**The Harris Center
Health Home**

Your Health & Wellness Partner

Understanding HEALTH HOME SERVICES

We value you and your voice in how care is developed and delivered

- ✓ Keep us up-to-date with your medications, immunizations, allergies, conditions, tests, consultations and hospitalizations.
- ✓ Advise any changes about you and your families' medical history.
- ✓ Inform and authorize your other providers to coordinate with us.
- ✓ Participate in decisions about your health.
- ✓ Assist you to follow treatment plans and self-care management directions.
- ✓ Help to empower you to speak up and ask questions to us and your other providers

We provide a safe and healthy healthcare environment, partner with you in making your healthcare decisions, and coordinate with you, your authorized representatives, and other healthcare providers.

We keep you informed and on-track

- Health Coaching – for health conditions
- Self-Care Management Support
- Health resources including a health app
- Preventive care
- Tailored care – help scheduling appointment and medication reminders
- Support and coordination of other social needs – employment, housing, transportation, social isolation

What is a Health Home?

The Harris Center Health Home is a model of patient care that uses a team-based approach and emphasizes care coordination, health coaching and patient advocacy to provide quality care, help lower medical costs and achieve an excellent patient care experience.

Here when you need us

Our innovative technology through partnership with Optum Health and United Healthcare enables our care navigators to help coordinate your health and wellness with your care providers. This maximizes integrated care, so that we can focus on you.

As part of our commitment to provide you with the highest standard of care, we partner with you and collaborate with your other providers to achieve the best quality tailored care we can offer.



Our Values

We value your health and will ensure you get the greatest value from your healthcare.

- Safety
- Personalized and comprehensive care
- Communication
- Accessibility
- Coordination
- Continuity



Did you know?

You can prolong your life and lower the cost of your healthcare by taking control of your health.

We can help you, along with your providers, to take control and improve your overall health and well-being.